

DESSERTS



COOKIES	(260-270 CALS/COOKIE)	.99 OR 3/2.79
BROWNIE	(370-390 CALS/BROWNIE)	1.89
CINNAMON STICKS	(100 CALS/SLICE)	(8") 4.29 (12") 7.99 (16") 10.99

lightly baked dough, basted with butter, sprinkled with cinnamon & sugar mix & drizzled with icing

BEVERAGES



2-LITER SOFT DRINK	(CAL: 0-840)	3.99
FOUNTAIN BEVERAGE	(CAL: 0-430)	2.69
20 oz. BOTTLED BEVERAGE	(CAL: 0-270)	2.29
BOTTLED WATER	(CAL: 0)	1.99
KIDS BEVERAGE	(CAL: 0-160)	1.99
COFFEE	(CAL: 0)	.99
GALLON OF TEA	(CAL: 0-1350)	6.99
<small>RASPBERRY, SWEET OR UNSWEETENED</small>		
GALLON OF LEMONADE	(CAL: 1720)	6.99

BOTTLED BEER, DRAUGHT BEER & WINE AVAILABLE AT ARNOLD LOCATION!

JUST FOR KIDS

(This pricing is for kids 10 & under ONLY)

PIZZA	(CAL: 550-870)	6.99
<small>8" pizza (1 topping) & kid-size drink. Additional toppings are available for an extra charge.</small>		
GRILLED CHEESE	(CAL: 500-660)	4.99
<small>1/4 grinder with cheddar & mozzarella cheese. Served with kid-sized fries & kid-sized drink.</small>		
HAM & CHEESE GRINDER	(CAL: 420-580)	6.19
<small>1/4 grinder with ham & cheese. Lettuce, tomatoes & mayo available upon request. Served with kid-sized fries & kid-sized drink.</small>		
TURKEY GRINDER	(CAL: 500-660)	6.19
<small>1/4 grinder with turkey & cheese. Lettuce, tomatoes & mayo available upon request. Served with kid-sized fries & kid-sized drink.</small>		
KIDS SPAGHETTI	(CAL: 510-710)	6.19
<small>choice of pasta noodle topped with your choice of sauce. Served with garlic toast & a kid sized drink.</small>		
KIDS TOASTED RAVIOLI	(CAL: 530-690)	6.19
<small>meat stuffed raviolis. Served with a side of meat sauce, garlic toast & a kid-sized drink.</small>		
BELLACINO'S CHICKEN BITES	(CAL: 370-530)	6.19
<small>baked chicken nuggets served with kid-sized fries & kid-sized drink.</small>		

PASTA

BAKED BEEF LASAGNA & GARLIC TOAST	(CAL: 1110)	11.99
<small>Bellacino's delicious lasagna - layers of pasta, our own unique meat sauce, ground beef, ricotta, and a blend of cheese</small>		
SPAGHETTI & GARLIC TOAST	(CAL: 420)	8.99
<small>spaghetti noodles topped with our own unique meat sauce or marinara.</small>		
	ADD 3 MEATBALLS (ADDS 270 CALS)	2.99
FETTUCINI ALFREDO & GARLIC TOAST	(CAL: 1100)	11.99
<small>fettuccini noodles tossed with a white creamy alfredo sauce</small>		
	ADD CHICKEN (ADDS 90/170 CALS)	3.49
	ADD SIDE SALAD TO ANY PASTA (ADDS 210 CALS)	3.99

For franchise information, please contact us at 877-379-0700 or visit our website

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

www.bellacinos.com

WE CATER

Whether it's for your office or family...
for 10 or 500 people...
Bellacino's Catering can turn any Party into an Event to Remember!

SEE OUR CATERING MENU FOR YOUR
CATERING NEEDS!

PARTY BOXES • SALADS • PIZZAS • PASTA



HISTORY...

The term "Grinder" can be traced back to the East Coast, where during World War II, Italian immigrants set up sandwich shops close to the shipyards. Their freshly baked Italian rolls were filled with generous amounts of meats & cheeses and were then baked and garnished with lettuce & tomato. These super-sized sandwiches were a favorite of the hard-working men who ground off rivets on the metal warships. The friendly shop owners referred to these men as grinders, and the ever-popular sandwiches also came to be known as Grinders.

We at Bellacino's pledge our guarantee to provide generous portions, superior quality, and fast & friendly service. Short on time does not have to mean short on variety or flavor, but just the right blend of convenience and satisfaction. We will never compromise our quality for gimmick or profit.

Joe Mancino
Founder

FOLLOW US ON FACEBOOK!

@BellacinosSouthCounty & @BellacinosArnold

All carry out orders are subject to a packaging fee of up to 3%

Visit our website to **ORDER ONLINE:** www.bellacinosgrinders.com
or have it delivered via



See our website for seasonal hours

Thank you for choosing Bellacino's



No Personal Checks Accepted

Bellacino's

Pizza & Grinders



WELCOME

DINE IN • CARRY OUT
ORDER ONLINE

www.bellacinos.com

3484 Jeffco Blvd.
Arnold, MO 63010
phone: 636-461-3000

3817 Lemay Ferry Rd.
St. Louis, MO 63125
phone: 314-487-6000

FAVORITES

BAKED FRIES	(CAL: 320/640)	sm 2.99	lg 4.79
CAJUN FRIES	(CAL: 320/650)	sm 3.19	lg 5.19
BUFFALO FRIES	(CAL: 370/740)	sm 3.49	lg 5.49
CHEESE FRIES	(CAL: 430/870)	sm 3.69	lg 5.99
BACON CHEDDAR FRIES	(CAL: 570/840)	sm 6.19	lg 10.99
TATER TOTS	(CAL: 200)		2.99
CAJUN TATER TOTS	(CAL: 200)		3.19
LOADED TATER TOTS	(CAL: 850)		6.19
NACHO SUPREME	(CAL: 1580)		8.49
tortilla chips, taco meat, onions, black olives, cheese, topped with lettuce & tomatoes (salsa & sour cream served on the side)			
GARLIC CHEESE BREAD	(140 CAL/PIECE; 8 PIECES)		4.99
Bellacino's grinder bread covered with cheese & garlic spread - Served w/ a side of dipping sauce			
PARMESAN STICKS	(200 CAL/PIECE; 12 PIECES)		5.79
fresh baked pizza dough covered with a buttery spread & grated parmesan cheese - Served w/ a side of dipping sauce			
CHEESY BREADSTICKS	(120 CAL/PIECE; 12 PIECES)		6.99
fresh baked pizza dough covered with garlic spread, cheese & grated parmesan cheese - Served w/ a side of dipping sauce			
BONELESS WINGS	(CAL: 420)	SERVED W/ A SIDE OF DIPPING SAUCE	1/2 lb (app 6 pcs) 7.99
BUFFALO · BBQ · HOT · HONEY MUSTARD	(CAL: 850)	SERVED W/ TWO DIPPING SAUCES	1 lb (app 12 pcs) 14.99
SWEET CHILI · GARLIC PARMESAN (adds 40-170/100-520)			
BONE-IN WINGS	(CAL: 610)	SERVED W/ A SIDE OF DIPPING SAUCE	1/2 lb (app 5 pcs) 7.99
BUFFALO · BBQ · HOT · HONEY MUSTARD	(CAL: 1230)	SERVED W/ TWO DIPPING SAUCES	1 lb (app 9 pcs) 14.99
SWEET CHILI · GARLIC PARMESAN (adds 40-170/80-690)			
TOASTED RAVIOLI		(70 CAL/PIECE; 6 PIECES)	5.79
served w/ a side of meat sauce			
		(70 CAL/PIECE; 12 PIECES)	9.99
		(70 CAL/PIECE; 20 PIECES)	15.99
CHIPS	(CAL: 140-320)		1.19
SIDE OF DIPPING SAUCE	(CAL: 40-450)		.89
your choice of: ranch, bleu cheese, marinara, meat sauce, buffalo, garlic parmesan, garlic butter			

SALADS

DRESSINGS (calories are listed for 1 dressing packet · calories: 15 - 200)
 RANCH · THOUSAND ISLAND · BLEU CHEESE · HONEY MUSTARD · ITALIAN · CREAMY ITALIAN · GREEK · BALSAMIC · FAT FREE ITALIAN
 FAT FREE RASPBERRY VINAIGRETTE *EXTRA DRESSING .89 - 15-200 cal.

* SALAD CALORIE COUNTS DO NOT INCLUDE DRESSING CHOICE *

CHEF SALAD	(CAL: 640)		10.79
lettuce, tomatoes, turkey, ham, salami, onions, green peppers, mushrooms & cheese			
GRILLED CHICKEN SALAD	(CAL: 600)		10.79
lettuce, tomatoes, marinated broiled chicken breast strips, onions, green peppers, mushrooms & cheese			
BUFFALO CHICKEN SALAD	(CAL: 630)		10.79
lettuce, tomatoes, onions, & your choice of marinated broiled chicken or breaded chicken tossed in Bellacino's buffalo sauce			
SANDRA'S SIGNATURE SALAD	(CAL: 600)		9.99
lettuce, pecans, dried cranberries, gorgonzola crumbles, tomatoes & Bellacino's recommends our fat free raspberry vinaigrette			
		ADD STEAK (adds 170 cals)	2.99
		ADD CHICKEN (adds 170 cals)	2.99
		ADD SEAFOOD (adds 330 cals)	2.09
GREEK SALAD	(CAL: 400)		9.49
lettuce, tomatoes, onions, green peppers, black olives, pepperoncini peppers, feta cheese crumbles & Bellacino's recommends our Greek Dressing			
TACO SALAD	(CAL: 1120)		9.49
lettuce, tomatoes, tortilla chips, taco meat, onions, black olives & cheese (salsa & sour cream served on the side)			
HOUSE SALAD	(CAL: 500)		8.49
lettuce, tomatoes, onions, green peppers, mushrooms & cheese			
SIDE SALAD	(CAL: 210)		4.29
lettuce, tomatoes, onions, green peppers, mushrooms & cheese			

BELLACINO'S LIGHT

A LIGHTER VERSION OF OUR DELICIOUS GRINDERS!

	QUARTER 4.5"	HALF 9"	WHOLE 18"
VEGGIE LIGHT	(CAL: 230/450/910)	4.99	7.69 14.49
green peppers, onions, mushrooms, tomatoes, fat free cheese & fat free mayo			
CHICKEN LIGHT	(CAL: 300/610/1210)	5.99	8.99 16.79
marinated broiled chicken breast strips, onions, green peppers, lettuce, tomatoes, fat free cheese & fat free mayo			
HAM & CHEESE LIGHT	(CAL: 260/520/1030)	5.79	8.69 16.29
ham, lettuce, tomatoes, fat free cheese & fat free mayo			
TURKEY LIGHT	(CAL: 260/530/1050)	5.79	8.69 16.29
turkey, lettuce, tomatoes, fat free cheese & fat free mayo			
ROAST BEEF LIGHT	(CAL: 260/530/1050)	5.99	8.99 16.79
roast beef, lettuce, tomatoes, fat free cheese & fat free mayo			

GRINDERS

OUR BREAD IS MADE FROM SCRATCH & BAKED OVEN FRESH DAILY!

(sizes are approximate)

	QUARTER 4.5"	HALF 9"	WHOLE 18"
ITALIAN GRINDER - HOUSE SPECIALTY	(CAL: 450/910/1810)	5.99	8.99 16.79
ham, sausage, salami, mushrooms, onions, green peppers, cheese, lettuce, tomatoes & mayo			
CHICAGO STEAK	(CAL: 420/840/1680)	5.99	8.99 16.79
thinly sliced ribeye steak covered with mushrooms, onions, cheese, & Bellacino's own garlic spread			
BELLACINO'S CLUB	(CAL: 390/790/1570)	5.99	8.99 16.79
turkey, ham, bacon, cheese, lettuce, tomatoes & mayo			
CHICKEN BACON RANCH	(CAL: 420/830/1660)	5.99	8.99 16.79
marinated broiled chicken breast strips, bacon, ranch, cheese, lettuce & tomatoes			
TURKEY GRINDER	(CAL: 340/670/1350)	5.79	8.69 16.29
turkey, cheese, lettuce, tomatoes & mayo			
STEAK	(CAL: 380/760/1510)	5.99	8.99 16.79
thinly sliced ribeye steak covered with mushrooms, onions, green peppers, cheese, lettuce, tomatoes & mayo			
TRIPLE DECKER	(CAL: 340/670/1340)	5.99	8.99 16.79
roast beef, ham, turkey, cheese, lettuce, tomatoes & mayo			
FRENCH DIP	(CAL: 300/610/1210)	5.99	8.99 16.79
roast beef, cheese & side of au jus			
ROAST BEEF	(CAL: 340/670/1350)	5.99	8.99 16.79
roast beef, cheese, lettuce, tomatoes & mayo			
REUBEN/TURKEY REUBEN	(CAL: 320-390/630-720/1260-1580)	5.79	8.69 16.29
tender corned beef or turkey piled high, sauerkraut, cheese & Thousand Island dressing			
TUNA	(CAL: 430/860/1730)	5.79	8.69 16.29
tuna (mixed with mayo), onions, cheese, lettuce, tomatoes & mayo			
VEGGIE	(CAL: 370/750/1500)	4.99	7.69 14.49
green peppers, onions, mushrooms, cheddar & white cheese, lettuce, tomatoes & mayo			
BELLACINO'S ZESTY DELI™	(CAL: 440/880/1760)	5.99	8.99 16.79
capicola (italian ham), salami, pepperoni, onions, green peppers, mushrooms, cheese & meat sauce			
PIZZA	(CAL: 450/900/1800)	5.79	8.69 16.29
pepperoni, pizza sauce & cheese			
AI BOMBER	(CAL: 330/670/1330)	5.99	8.99 16.79
thinly sliced ribeye steak covered with mushrooms, onions, green peppers, cheese, lettuce, tomatoes, & AI thick & hearty sauce			
CHICKEN	(CAL: 380/760/1510)	5.99	8.99 16.79
marinated broiled chicken breast strips topped with onions, green peppers, cheese, lettuce, tomatoes & mayo			
BRAZEN BUFFALO CHICKEN	(CAL: 350/710/1420)	5.99	8.99 16.79
marinated broiled chicken breast strips, hot sauce, ranch, onions, cheese, lettuce & tomatoes			
BELLACINO'S BAYOU™	(CAL: 370/740/1480)	5.99	8.99 16.79
marinated broiled chicken breast strips, Bellacino's own Cajun seasoning, onions, mayo & cheese			
CRAB & SEAFOOD	(CAL: 440/890/1770)	5.99	8.99 16.79
crab & seafood flaky chunk (mixed with mayo), onions, cheese, lettuce, tomatoes & mayo			
HAM & CHEESE	(CAL: 350/700/1400)	5.79	8.69 16.29
ham, cheese, lettuce, tomatoes & mayo			
HAM, CHEESE & SALAMI	(CAL: 390/790/1570)	5.79	8.69 16.29
ham, cheese, salami, lettuce, tomatoes & mayo			
HAM & TURKEY	(CAL: 360/720/1430)	5.79	8.69 16.29
ham, turkey, cheese, lettuce, tomatoes & mayo			
B.L.T.	(CAL: 450/890/1780)	5.79	8.69 16.29
bacon, lettuce, tomatoes, cheese & mayo			
STROMBOLI GRINDER	(CAL: 450/910/1820)	5.79	8.69 16.29
italian sausage, pasta sauce, onions, green peppers, cheese & hot pepper rings			
MEATBALL	(CAL: 430/860/1720)	5.79	8.69 16.29
sliced meatballs, pasta sauce, onions, green peppers & cheese			
TACO	(CAL: 450/910/1820)	5.99	8.99 16.79
taco meat, salsa, onions, black olives, cheddar & white cheese, lettuce & tomatoes			
BBQ PORK	(CAL: 420/840/1690)	5.99	8.99 16.79
pulled pork, barbeque sauce & cheese			
SHIPWRECK	(CAL: 450/950/1890)	5.99	8.99 16.79
thinly sliced ribeye steak covered with cheddar & white cheese and mayo, garnished with BBQ sauce and banana pepper rings			
CHICKEN PARMESAN	(CAL: 470/710/1420)	5.99	8.99 16.79
marinated broiled chicken breast strips, pasta sauce, parmesan cheese and mozzarella cheese			
EXTRA CHEESE	cal: 40	cal: 80	cal: 160 .69 1.19 1.99
EXTRA MEAT ITEM	cal: 30-80	cal: 60-150	cal: 120-310 1.25 2.50 5.00
EXTRA VEGGIE ITEM	cal: 0-30	cal: 5-60	cal: 10-120 .29 .59 1.19

MAKE ANY GRINDER A MEAL!

	w/ chips	w/ fries	w/ side salad
Add a Large Coca-Cola	3.79	5.29	6.79
	PRICE IS ADDED TO COST OF GRINDER		

PIZZA

100% Cheese

TOPPING...

8" round (adds 0-160 cals) · 12" round (adds 10-510 cals) · 16" round (adds 10-790 cals)
 sm sicilian (adds 0-160 cals) · lg sicilian (adds 10-790 cals)

STEAK	BACON	GREEN PEPPERS	JALAPENOS
CHICKEN	MEATBALLS	MUSHROOMS	PINEAPPLE
PEPPERONI	GROUND BEEF	BLACK OLIVES	FRESH TOMATOES
SAUSAGE	SALAMI	GREEN OLIVES	EXTRA CHEESE
HAM	ONIONS	BANANA PEPPER RINGS	

*Steak & chicken are charged as double items
 Thin crust available upon request

	8 INCH	12 INCH	16 INCH	CALORIES
PLAIN CHEESE	6.49	13.49	19.49	8" - 140 cal/slice, 4 slices 12" - 120 cal/slice, 12 slices 16" - 170 cal/slice, 16 slices
I TOPPING	7.48	15.68	23.48	8" - 140-180 cal/slice, 4 slices 12" - 120-160 cal/slice, 12 slices 16" - 170-220 cal/slice, 16 slices
EXTRA HALF TOPPING	.49	1.09	1.99	8" - 0-20 cal/slice, 4 slices 12" - 0-20 cal/slice, 12 slices 16" - 0-25 cal/slice, 16 slices
EXTRA TOPPING	.99	2.19	3.99	8" - 0-40 cal/slice, 4 slices 12" - 0-40 cal/slice, 12 slices 16" - 10-50 cal/slice, 16 slices
SICILIAN PIZZAS	SM SICILIAN 7.99	LG SICILIAN 20.79		SM - 190 cal/slice; 4 slices LG-210 cal/slice; 16 slices
EXTRA TOPPING	SM SICILIAN .99	LG SICILIAN 3.99		SM - 0-40 cal/slice; 4 slices LG - 0-50 cal/slice; 16 slices

SPECIALTY PIZZA

	8 INCH	12 INCH	16 INCH	CALORIES
BELLACINO'S PRIDE	8.69	19.49	27.49	8" - 190 cal/slice, 4 slices 12" - 180 cal/slice, 12 slices 16" - 240 cal/slice, 16 slices
pepperoni, ham, sausage, mushrooms, onions, green peppers, black olives & cheese				
CHICKEN ALFREDO	8.69	19.49	27.49	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 210 cal/slice, 16 slices
white creamy Alfredo sauce, marinated broiled chicken breast strips, onions & cheese				
BELLACINO'S SUPER	8.39	18.49	25.49	8" - 160 cal/slice, 4 slices 12" - 140 cal/slice, 12 slices 16" - 190 cal/slice, 16 slices
pepperoni, mushrooms, green peppers, onions & cheese				
VEGGIE	7.99	17.99	23.99	8" - 150 cal/slice, 4 slices 12" - 130 cal/slice, 12 slices 16" - 180 cal/slice, 16 slices
mushrooms, onions, green peppers, black olives & cheese				
TACO	8.69	19.49	27.49	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 230 cal/slice, 16 slices
taco meat, salsa, onions, cheddar & white cheese, black olives, lettuce & tomatoes				
BELLACINO'S MEAT EATER	8.69	19.49	27.49	8" - 220 cal/slice, 4 slices 12" - 190 cal/slice, 12 slices 16" - 260 cal/slice, 16 slices
pepperoni, sausage, ham, ground beef, bacon & cheese				
CHICAGO STEAK	8.69	19.49	27.49	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 220 cal/slice, 16 slices
thinly sliced ribeye steak, onions, mushrooms, cheese & Bellacino's own garlic spread				
BARBEQUE CHICKEN	8.69	19.49	27.49	8" - 160 cal/slice, 4 slices 12" - 150 cal/slice, 12 slices 16" - 200 cal/slice, 16 slices
sweet bbg sauce, marinated broiled chicken breast strips, onions & cheese				
BRAZEN BUFFALO CHICKEN	8.69	19.49	27.49	8" - 170 cal/slice, 4 slices 12" - 150 cal/slice, 12 slices 16" - 200 cal/slice, 16 slices
buffalo sauce, ranch dressing, marinated broiled chicken breast strips, onions & cheese				
CHICKEN BACON RANCH	8.69	19.49	27.49	8" - 210 cal/slice, 4 slices 12" - 190 cal/slice, 12 slices 16" - 250 cal/slice, 16 slices
ranch dressing, marinated broiled chicken breast strips, bacon, mozzarella cheese & cheddar cheese				
BLT	8.39	18.49	25.49	8" - 190 cal/slice, 4 slices 12" - 180 cal/slice, 12 slices 16" - 250 cal/slice, 16 slices
bacon, lettuce, tomatoes, mayo & cheese				

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