

## DESSERTS



BROWNIE	(370-390 CALS/BROWNIE)	2.32
CINNAMON STICKS	(100 CALS/SLICE)	6.29

lightly baked dough, basted with butter, sprinkled with cinnamon & sugar mix & drizzled with icing

## BEVERAGES



REGULAR BEVERAGE	(CAL: 0-290)	2.69
LARGE BEVERAGE	(CAL: 0-430)	2.91
20 oz. BOTTLED BEVERAGE	(CAL: 0-270)	2.69
BOTTLED WATER	(CAL: 0)	2.69
KIDS BEVERAGE	(CAL: 0-160)	1.29
GALLON OF TEA	(CAL: 0-770)	7.13

sweet or unsweetened

## JUST FOR KIDS

(This pricing is for kids 10 & under ONLY)  
\*senior citizen discounts not available for kids menu items

PIZZA	(CAL: 550-870)	7.11
8" pizza (cheese only) & kid-size drink. Additional toppings are available for an extra charge.		
GRILLED CHEESE	(CAL: 500-660)	5.48
1/4 grinder with cheddar & mozzarella cheese. Served with kid-sized fries & kid-sized drink.		
PEANUT BUTTER & JELLY	(CAL: 480-640)	5.48
1/4 size grinder with peanut butter & jelly. Served with kid-sized fries & kid-sized drink.		
HAM & CHEESE GRINDER	(CAL: 420-580)	7.33
1/4 grinder with ham, cheese, lettuce, tomatoes & mayo. Served with kid-sized fries & kid-sized drink.		
TURKEY GRINDER	(CAL: 500-660)	7.33
1/4 grinder with turkey cheese, lettuce, tomatoes & mayo. Served with kid-sized fries & kid-sized drink.		
PIZZA GRINDER	(CAL: 500-660)	7.33
1/4 grinder with pepperoni, pizza sauce & cheese. Served with kid-sized fries & kid-sized drink.		
KIDS SPAGHETTI	(CAL: 510-710)	7.45
spaghetti noodles topped with our own unique meat sauce. Served with garlic toast & a kid-sized drink.		
KIDS RAVIOLI	(CAL: 660-820)	7.57
cheese stuffed raviolis topped with our own unique meat sauce. Served with garlic toast & a kid-sized drink.		

## PASTA

ALL PASTA DINNERS ARE MADE WITH BELLACINO'S OWN MEAT SAUCE MEALS INCLUDE A SMALL DINNER SALAD AND GARLIC TOAST  
\* meal calorie counts do not include dressing choice \*

SPAGHETTI MEAL	(CAL: 600-890)	13.22
SPAGHETTI	(CAL: 420)	11.19
RAVIOLI MEAL	(CAL: 1140-1430)	16.56
RAVIOLI	(CAL: 960)	12.47
FETTUCINI ALFREDO MEAL	(CAL: 1280-1570)	18.19
fettuccini noodles tossed with a white creamy Alfredo sauce		
FETTUCINI ALFREDO	(CAL: 1100)	11.72
ADD CHICKEN (adds 170 cals)		2.59

2,000 calories a day is used for general nutrition advice, but calorie needs vary.  
Additional nutrition information available upon request.

For franchise information, please contact us at 877-379-0700 or visit our website

[www.bellacinos.com](http://www.bellacinos.com)

## WE CATER



Whether it's for your office or family...  
for 10 or 500 people...

Bellacino's Catering can turn any Party into an Event to Remember!

PARTY BOXES • SALADS • PIZZAS • PASTA

### ASK ABOUT OUR CATERING

Come back soon and try one of our other delicious items!  
For Fast, convenient service, call in or  
order online at [www.bellacinos.com](http://www.bellacinos.com).

## DOWNLOAD OUR FREE MOBILE ORDERING APP!



## HISTORY...

The term "Grinder" can be traced back to the East Coast, where during World War II, Italian immigrants set up sandwich shops close to the shipyards. Their freshly baked Italian rolls were filled with generous amounts of meats & cheeses and were then baked and garnished with lettuce & tomato. These super-sized sandwiches were a favorite of the hard-working men who ground off rivets on the metal warships. The friendly shop owners referred to these men as grinders, and the ever-popular sandwiches also came to be known as Grinders.

We at Bellacino's pledge our guarantee to provide generous portions, superior quality, and fast & friendly service. Short on time does not have to mean short on variety or flavor, but just the right blend of convenience and satisfaction. We will never compromise our quality for gimmick or profit.

Joe Mancino  
Founder

### HOURS:

Monday - Thursday	11 am - 8 pm
Friday - Saturday	11 am - 9 pm
Sunday	Closed

Thank you for choosing Bellacino's



No Personal Checks Accepted

Thank you for choosing Bellacino's

# Bellacino's

Pizza & Grinders



# WELCOME

DINE IN • CARRY OUT  
ORDER ONLINE

[www.bellacinos.com](http://www.bellacinos.com)

2677 Steelsburg Hwy  
Suite 7  
Cedar Bluff, VA 24609  
Ph: 276-964-7400

# FAVORITES

BAKED FRIES	(CAL: 320)	3.00
HOT FRIES	(CAL: 370)	3.70
LOADED FRIES	(CAL: 1150)	9.02
NACHO SUPREME	(CAL: 1580)	10.52
tortilla chips, taco meat, onions, black olives, cheese, topped with lettuce & tomatoes (salsa & sour cream served on the side)		
GARLIC CHEESE BREAD	(140 CAL/PIECE; 8 PIECES)	5.21
Bellacino's grinder bread covered with cheese & garlic spread - Served w/ a side of dipping sauce		
CHEESY BREADSTICKS	(120/110 CAL/PIECE; 12/24 PIECES)	md. 8.56 lg. 14.23
fresh baked pizza dough covered with garlic spread, cheese & grated parmesan cheese - Served w/ a side of dipping sauce		
PARMESAN STICKS	(90/110 CAL/PIECE; 8/12 PIECES)	md. 5.86 lg. 9.34
fresh baked pizza dough covered with a buttery spread & grated parmesan cheese - Served w/ a side of dipping sauce		
BONE-IN WINGS	(CAL: 830) SERVED W/ A SIDE OF DIPPING SAUCE	6 — 9.13
HOT & SPICY - BBQ - TERIYAKI	(CAL: 1630) SERVED W/ TWO DIPPING SAUCES	12 — 14.68
(adds 40-130/140-470/40-130)	(CAL: 2720) SERVED W/ TWO DIPPING SAUCES	20 — 22.02
ONION RINGS	(CAL: 360)	3.86
CHIPS	(CAL: 140-320)	1.49
SIDE OF DIPPING SAUCE	(CAL: 40-450)	.79
your choice of: pizza sauce, pasta sauce, ranch or bleu cheese		

# SALADS

**DRESSINGS...** (calories are listed for 1 dressing packet - calories: 15 - 220)  
 RANCH • THOUSAND ISLAND • BLEU CHEESE • FRENCH • HONEY MUSTARD • ITALIAN • GREEK • FAT FREE ITALIAN  
 FAT FREE RANCH • FAT FREE FRENCH • FAT FREE HONEY MUSTARD \*EXTRA DRESSING .79 - 20-210 cal.

\* SALAD CALORIE COUNTS DO NOT INCLUDE DRESSING CHOICE \*

CHEF SALAD	(CAL: 640)	11.42
lettuce, tomatoes, turkey, ham, salami, onions, green peppers, mushrooms & cheese		
GRILLED CHICKEN SALAD	(CAL: 600)	12.24
lettuce, tomatoes, marinated broiled chicken breast strips, onions, green peppers, mushrooms & cheese		
STEAK SALAD	(CAL: 600)	12.36
lettuce, tomatoes, thinly sliced ribeye steak, onions, mushrooms & cheese		
GREEK SALAD	(CAL: 400)	11.42
lettuce, tomatoes, onions, green peppers, black olives, pepperoncini peppers, feta cheese crumbles & Bellacino's recommends our Greek Dressing		
TACO SALAD	(CAL: 1120)	11.42
lettuce, tomatoes, tortilla chips, taco meat, onions, black olives & cheese (salsa & sour cream served on the side)		
VEGGIE SALAD	(CAL: 500)	9.78
lettuce, tomatoes, onions, green peppers, mushrooms, black olives & cheese		
SIDE SALAD	(CAL: 210)	4.58
lettuce, tomatoes, onions, green peppers, mushrooms & cheese		

# BELLACINO'S LIGHT

A LIGHTER VERSION OF OUR DELICIOUS GRINDERS!

	QUARTER 4.5"	HALF 9"	WHOLE 18"	
VEGGIE LIGHT	(CAL: 230/450/910)	6.17	9.20	17.25
green peppers, onions, mushrooms, tomatoes, fat free cheese & fat free mayo				
CHICKEN LIGHT	(CAL: 300/610/1210)	6.90	10.25	19.23
marinated broiled chicken breast strips, onions, green peppers, lettuce, tomatoes, fat free cheese & fat free mayo				
HAM & CHEESE LIGHT	(CAL: 260/520/1030)	6.62	9.44	17.25
ham, lettuce, tomatoes, fat free cheese & fat free mayo				
TURKEY LIGHT	(CAL: 260/530/1050)	6.62	9.44	17.25
turkey, lettuce, tomatoes, fat free cheese & fat free mayo				
ROAST BEEF LIGHT	(CAL: 260/530/1050)	6.90	10.25	19.53
roast beef, lettuce, tomatoes, fat free cheese & fat free mayo				

2,000 calories a day is used for general nutrition advice, but calorie needs vary.  
 Additional nutrition information available upon request.

# GRINDERS

OUR BREAD IS MADE FROM SCRATCH & BAKED OVEN FRESH DAILY!



	(CAL)	QUARTER 4.5"	HALF 9"	WHOLE 18"
ITALIAN GRINDER - HOUSE SPECIALTY	(CAL: 450/910/1810)	7.10	8.85	17.95
ham, sausage, salami, mushrooms, onions, green peppers, cheese, lettuce, tomatoes & mayo				
PIZZA	(CAL: 450/900/1800)	6.32	8.63	17.49
pepperoni, pizza sauce & cheese				
BELLACINO'S CLUB	(CAL: 390/790/1570)	7.10	8.85	17.95
turkey, ham, bacon, cheese, lettuce, tomatoes & mayo				
AI BOMBER	(CAL: 330/670/1330)	7.10	9.17	18.65
thinly sliced ribeye steak covered with mushrooms, onions, green peppers, cheese, lettuce, tomatoes, & AI thick & hearty sauce				
STEAK	(CAL: 380/760/1510)	7.10	8.85	18.65
thinly sliced ribeye steak covered with mushrooms, onions, green peppers, cheese, lettuce, tomatoes & mayo				
CHICAGO STEAK	(CAL: 420/840/1680)	7.10	9.17	18.65
thinly sliced ribeye steak covered with mushrooms, onions, cheese, & Bellacino's own garlic spread				
CHICKEN	(CAL: 380/760/1510)	7.10	9.17	18.65
marinated broiled chicken breast strips topped with onions, green peppers, cheese, lettuce, tomatoes & mayo				
CHICKEN BACON RANCH	(CAL: 420/830/1660)	7.10	9.17	18.65
marinated broiled chicken breast strips, bacon, ranch, cheese, lettuce & tomatoes				
BELLACINO'S BAYOU™	(CAL: 370/740/1480)	7.10	9.06	18.41
marinated broiled chicken breast strips, Bellacino's own Cajun seasoning, onions, mayo & cheese				
BRAZEN BUFFALO CHICKEN	(CAL: 350/710/1420)	7.10	9.06	18.41
marinated broiled chicken breast strips, hot sauce, ranch, onions, cheese, lettuce & tomatoes				
TRIPLE DECKER	(CAL: 340/670/1340)	7.10	8.85	17.95
roast beef, ham, turkey, cheese, lettuce, tomatoes & mayo				
HAM & CHEESE	(CAL: 350/700/1400)	6.79	8.63	17.49
ham, cheese, lettuce, tomatoes & mayo				
REUBEN	(CAL: 390/720/1580)	7.10	9.17	18.65
tender corned beef piled high, sauerkraut, cheese & Thousand Island dressing				
HAM & TURKEY	(CAL: 360/720/1430)	6.79	8.63	17.49
ham, turkey, cheese, lettuce, tomatoes & mayo				
HAM, CHEESE & SALAMI	(CAL: 390/790/1570)	6.79	8.63	17.49
ham, cheese, salami, lettuce, tomatoes & mayo				
TURKEY GRINDER	(CAL: 340/670/1350)	6.79	8.63	17.49
turkey, cheese, lettuce, tomatoes & mayo				
ROAST BEEF	(CAL: 340/670/1350)	6.79	8.85	17.95
roast beef, cheese, lettuce, tomatoes & mayo				
VEGGIE	(CAL: 370/750/1500)	6.32	8.63	17.49
green peppers, onions, mushrooms, cheddar & white cheese, lettuce, tomatoes & mayo				
B.L.T.	(CAL: 450/890/1780)	7.10	8.85	17.95
bacon, lettuce, tomatoes, cheese & mayo				
FRENCH DIP	(CAL: 300/610/1210)	7.10	8.85	17.95
roast beef, cheese & side of au jus				
TERIYAKI CHICKEN	(CAL: 460/920/1840)	7.10	8.85	17.95
marinated broiled chicken breast strips, teriyaki sauce, mushrooms, onions, green peppers, lettuce, tomatoes, mayo & cheese				
HAWAIIAN	(CAL: 380/770/1540)	7.10	8.85	17.95
ham, sweet BBQ sauce, onions, pineapple, cheese, lettuce & tomatoes				
STROMBOLI GRINDER	(CAL: 450/910/1820)	5.58	8.09	16.32
italian sausage, pasta sauce, onions, green peppers, cheese & hot pepper rings				
TUSCAN CHICKEN	(CAL: 380/760/1520)	7.10	9.17	18.65
marinated broiled chicken breast strips, mushrooms, onions, cheese & Bellacino's own garlic spread				
EXTRA CHEESE	cal: 40	.70	.89	1.77
EXTRA MEAT ITEM	cal: 30-80	.91	1.19	2.39
EXTRA STEAK OR CHICKEN	cal: 60-80	1.82	3.38	4.78

# MAKE ANY GRINDER A MEAL!

	w/ chips	w/ fries	w/ onion rings
Add a Regular Coca-Cola®	3.92	5.10	5.96
Add a Large Coca-Cola®	4.19	5.35	6.22

PRICE IS ADDED TO COST OF GRINDER

# PIZZA

100% Cheese

## TOPPINGS...

8" round (adds 0-160 cal) · 12" round (adds 10-510 cal) · 16" round (adds 10-790 cal)

STEAK CHICKEN PEPPERONI SAUSAGE HAM	BACON GROUND BEEF SALAMI ONIONS	GREEN PEPPERS MUSHROOMS BLACK OLIVES BANANA PEPPER RINGS	JALAPENOS PINEAPPLE FRESH TOMATOES EXTRA CHEESE
*Steak & chicken are charged as double items			

	8 INCH	12 INCH	16 INCH	CALORIES
PLAIN CHEESE	6.75	14.81	16.32	8" - 140 cal/slice, 4 slices 12" - 120 cal/slice, 12 slices 16" - 170 cal/slice, 16 slices
1 TOPPING	7.65	16.51	18.52	8" - 140-180 cal/slice, 4 slices 12" - 120-160 cal/slice, 12 slices 16" - 170-220 cal/slice, 16 slices
2 TOPPINGS	8.55	18.21	20.72	8" - 140-220 cal/slice, 4 slices 12" - 120-200 cal/slice, 12 slices 16" - 170-270 cal/slice, 16 slices
3 TOPPINGS	9.45	19.91	22.92	8" - 140-260 cal/slice, 4 slices 12" - 120-240 cal/slice, 12 slices 16" - 170-320 cal/slice, 16 slices
4 TOPPINGS	10.35	21.61	25.12	8" - 140-300 cal/slice, 4 slices 12" - 120-280 cal/slice, 12 slices 16" - 170-370 cal/slice, 16 slices
5 TOPPINGS	11.25	23.31	27.32	8" - 140-340 cal/slice, 4 slices 12" - 120-320 cal/slice, 12 slices 16" - 170-420 cal/slice, 16 slices
EXTRA HALF TOPPING	.45	.85	1.10	8" - 0-20 cal/slice, 4 slices 12" - 0-20 cal/slice, 12 slices 16" - 0-25 cal/slice, 16 slices
EXTRA FULL TOPPING	.90	1.70	2.20	8" - 0-40 cal/slice, 4 slices 12" - 0-40 cal/slice, 12 slices 16" - 10-50 cal/slice, 16 slices
10" CAULIFLOWER CRUST PLAIN CHEESE	14.81			90 cal/slice, 12 slices
ADDITIONAL TOPPINGS	1.70			120-160 cal/slice, 12 slices

# SPECIALTY PIZZA

	8 INCH	12 INCH	16 INCH	CALORIES
BELLACINO'S PRIDE pepperoni, ham, sausage, mushrooms, onions, green peppers, black olives & cheese	10.95	20.40	26.47	8" - 190 cal/slice, 4 slices 12" - 180 cal/slice, 12 slices 16" - 240 cal/slice, 16 slices
CHICKEN ALFREDO white creamy Alfredo sauce, marinated broiled chicken breast strips, onions & cheese	10.52	20.40	26.47	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 210 cal/slice, 16 slices
BELLACINO'S SUPER pepperoni, mushrooms, green peppers, onions & cheese	8.97	19.82	22.39	8" - 160 cal/slice, 4 slices 12" - 140 cal/slice, 12 slices 16" - 190 cal/slice, 16 slices
VEGGIE mushrooms, onions, green peppers, black olives & cheese	9.23	19.82	22.39	8" - 150 cal/slice, 4 slices 12" - 130 cal/slice, 12 slices 16" - 180 cal/slice, 16 slices
TACO taco meat, salsa, onions, cheddar & white cheese, black olives, lettuce & tomatoes	10.52	20.40	23.32	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 230 cal/slice, 16 slices
BELLACINO'S MEAT EATER pepperoni, sausage, ham, ground beef, bacon & cheese	11.23	20.40	26.47	8" - 220 cal/slice, 4 slices 12" - 190 cal/slice, 12 slices 16" - 260 cal/slice, 16 slices
CHICAGO STEAK thinly sliced ribeye steak, onions, mushrooms, cheese & Bellacino's own garlic spread	11.23	20.40	28.57	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 220 cal/slice, 16 slices
BARBEQUE CHICKEN sweet bbq sauce, marinated broiled chicken breast strips, onions & cheese	11.23	20.40	26.47	8" - 160 cal/slice, 4 slices 12" - 150 cal/slice, 12 slices 16" - 200 cal/slice, 16 slices
CHICKEN BACON RANCH marinated broiled chicken breast strips, bacon, ranch dressing, mozzarella & cheddar cheese	11.23	20.40	26.47	8" - 190 cal/slice, 4 slices 12" - 180 cal/slice, 12 slices 16" - 240 cal/slice, 16 slices
HAWAIIAN ham, pineapple & cheese	10.52	19.82	23.32	8" - 160 cal/slice, 4 slices 12" - 150 cal/slice, 12 slices 16" - 200 cal/slice, 16 slices

# CALZONES

Freshly baked pizza dough folded over, stuffed with cheese & your favorite toppings. The outside is brushed with a buttery spread & sprinkled with grated parmesan cheese. Served with a side of pizza sauce.

SMALL CHEESE CALZONE	(CAL: 960)	6.75
	EXTRA TOPPING (adds 10-510 cal)	14.81
MEDIUM CHEESE CALZONE	(CAL: 2120)	9.80
	EXTRA TOPPING (adds 10-790 cal)	1.70