

DESSERTS



COOKIES	(260-270 CALS/COOKIE)	1.00 or 3/2.50
CINNAMON STICKS	(100 CALS/SLICE; 8 SLICES)	5.71
lightly baked dough, basted with butter, sprinkled with cinnamon & sugar mix & drizzled with icing		

BEVERAGES



REGULAR BEVERAGE	(CAL: 0-290)	2.49
LARGE BEVERAGE	(CAL: 0-430)	2.69
20 oz. BOTTLED BEVERAGE	(CAL: 0-270)	2.64
BOTTLED WATER	(CAL: 0)	2.64
KIDS BEVERAGE	(CAL: 0-160)	1.26
DOMESTIC BEER	(CAL: 100-160)	3.17
BUCKET OF BEER (5)	(CAL: 500-800)	11.66

JUST FOR KIDS

(This pricing is for kids 10 & under ONLY)

PIZZA	(CAL: 550-710)	6.46
8" pizza (cheese only) & kid-size drink. Additional toppings are available for an extra charge.		
GRILLED CHEESE	(CAL: 500-660)	4.97
1/4 grinder with cheddar & mozzarella cheese. Served with kid-sized fries & kid-sized drink.		
PEANUT BUTTER & JELLY GRINDER	(CAL: 480-640)	4.97
1/4 size grinder with peanut butter & jelly. Served with kid-sized fries & kid-sized drink.		
HAM & CHEESE GRINDER	(CAL: 420-580)	6.29
1/4 grinder with ham & cheese. Served with kid-sized fries & kid-sized drink.		
TURKEY GRINDER	(CAL: 500-660)	6.29
1/4 grinder with turkey & cheese. Served with kid-sized fries & kid-sized drink.		
PIZZA GRINDER	(CAL: 610-770)	6.29
1/4 grinder with pepperoni, pizza sauce & cheese. Served with kid-sized fries & kid-sized drink.		
KIDS SPAGHETTI	(CAL: 550-710)	6.39
spaghetti noodles topped with our own unique meat sauce. Served with garlic toast & a kid-sized drink.		
KIDS RAVIOLI	(CAL: 630-790)	6.49
cheese stuffed raviolis topped with our own unique meat sauce. Served with garlic toast & a kid-sized drink.		

PASTA

All Pasta Dinners are made with Bellacino's own meat sauce. Meals included a small dinner salad, 22 oz. drink & garlic toast.

SPAGHETTI MEAL	(CAL: 600-890)	14.17
SPAGHETTI	(CAL: 420)	10.17
RAVIOLI MEAL	(CAL: 1140-1430)	15.04
RAVIOLI	(CAL: 960)	11.33
FETTUCINI ALFREDO MEAL	(CAL: 1280-1570)	15.65
fettuccini noodles tossed with a white creamy Alfredo sauce		
FETTUCINI ALFREDO	(CAL: 1100)	10.65
ADD CHICKEN (adds 170 cals)		2.75

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

www.bellacinos.com

WE CATER



Whether it's for your office or family...
for 10 or 500 people...

Bellacino's Catering can turn any Party into an Event to Remember!

PARTY BOXES • SALADS • PIZZAS
ASK ABOUT OUR CATERING!

PARTY BOX	(CAL: 6300-9750)	65.00
-----------	------------------	-------

HISTORY...

The term "Grinder" can be traced back to the East Coast, where during World War II, Italian immigrants set up sandwich shops close to the shipyards. Their freshly baked Italian rolls were filled with generous amounts of meats & cheeses and were then baked and garnished with lettuce & tomato. These super-sized sandwiches were a favorite of the hard-working men who ground off rivets on the metal warships. The friendly shop owners referred to these men as grinders, and the ever-popular sandwiches also came to be known as Grinders.

We at Bellacino's pledge our guarantee to provide generous portions, superior quality, and fast & friendly service. Short on time does not have to mean short on variety or flavor, but just the right blend of convenience and satisfaction. We will never compromise our quality for gimmick or profit.

Joe Mancino
Founder

DOWNLOAD OUR FREE MOBILE APP!



HOURS:

Monday - Saturday 11 am - 9 pm
Sunday 11 am - 5 pm

Thank you for choosing Bellacino's



No Personal Checks Accepted

For franchise information, please contact
us at 877-379-0700 or visit our website
Thank you for choosing Bellacino's

Bellacino's®

Pizza & Grinders



WELCOME

DINE IN • CARRY OUT
ORDER ONLINE

www.bellacinos.com

21956 Riverside Dr.
Grundy, VA 24614
Phone: 276-935-7828

FAVORITES

BAKED FRIES	(CAL: 480)	2.75
LOADED FRIES	(CAL: 1460)	8.26
choice of a side of ranch or sour cream		
HOT FRIES	(CAL: 560)	3.38
choice of a side of ranch		
NACHO SUPREME	(CAL: 1580)	9.62
tortilla chips, taco meat, onions, black olives, cheese, topped with lettuce & tomatoes (salsa & sour cream served on the side)		
GARLIC CHEESE BREAD	(140 CAL/PIECE; 8 PIECES)	4.76
Bellacino's grinder bread covered with cheese & garlic spread - Served w/ a side of pizza sauce		
PARMESAN STICKS	(200 CAL/PIECE; 12 PIECES)	5.36
fresh baked pizza dough covered with a buttery spread, cheese & grated parmesan cheese - Served w/ a side of dipping sauce		
BONE-IN WINGS	(CAL: 610)	8.34
HOT & SPICY (ADDS 40/80/130 CALS)	(CAL: 1230)	13.43
BBQ (ADDS 140/470/840 CALS)	(CAL: 2450)	20.14
TERIYAKI (ADDS 40/80/130 CALS)		
CHEESY BREADSTICKS	(120/110 CAL/PIECE; 12/24 PIECES)	sm. 7.83 lg. 13.03
fresh baked pizza dough covered with garlic spread, cheese & grated parmesan cheese - Served w/ a side of pizza sauce		
CHIPS	(CAL: 140-320)	1.43
SIDE OF DIPPING SAUCE	(CAL: 40-450)	.84
your choice of: pizza sauce, pasta sauce, marinara, ranch or bleu cheese		

SALADS

DRESSINGS...	(calories are listed for 1 dressing packet • calories: 15 - 200)
RANCH • THOUSAND ISLAND • BLEU CHEESE • HONEY MUSTARD • ITALIAN • GREEK • FRENCH	
FAT FREE ITALIAN • FAT FREE RANCH • FAT FREE FRENCH	
*EXTRA DRESSING .79 - 15-200 cal.	

* SALAD CALORIE COUNTS DO NOT INCLUDE DRESSING CHOICE *		
CHEF SALAD	(CAL: 640)	10.38
lettuce, tomatoes, turkey, ham, salami, onions, green peppers, mushrooms & cheese		
GRILLED CHICKEN SALAD	(CAL: 600)	11.12
lettuce, tomatoes, marinated broiled chicken breast strips, onions, green peppers, mushrooms & cheese		
STEAK SALAD	(CAL: 600)	11.23
lettuce, tomatoes, thinly sliced ribeye steak, onions, mushrooms & cheese		
GREEK SALAD	(CAL: 400)	10.38
lettuce, tomatoes, onions, green peppers, black olives, pepperoncini peppers, feta cheese crumbles & Bellacino's recommends our Greek Dressing		
TACO SALAD	(CAL: 1120)	10.38
lettuce, tomatoes, tortilla chips, taco meat, onions, black olives & cheese (salsa & sour cream served on the side)		
VEGGIE SALAD	(CAL: 500)	8.89
lettuce, tomatoes, onions, green peppers, mushrooms, black olives & cheese		
SIDE SALAD	(CAL: 210)	4.17
lettuce, tomatoes, onions, green peppers, mushrooms & cheese		

BELLACINO'S LIGHT

A LIGHTER VERSION OF OUR DELICIOUS GRINDERS!		QUARTER 4.5"	HALF 9"	WHOLE 18"
VEGGIE LIGHT	(CAL: 230/450/910)	5.75	8.47	15.89
green peppers, onions, mushrooms, tomatoes, fat free cheese & fat free mayo				
CHICKEN LIGHT	(CAL: 300/610/1210)	6.50	9.00	16.49
marinated broiled chicken breast strips, onions, green peppers, lettuce, tomatoes, fat free cheese & fat free mayo				
HAM & CHEESE LIGHT	(CAL: 260/520/1030)	6.17	8.47	15.95
ham, lettuce, tomatoes, fat free cheese & fat free mayo				
TURKEY LIGHT	(CAL: 260/530/1050)	6.20	8.50	15.95
turkey, lettuce, tomatoes, fat free cheese & fat free mayo				
ROAST BEEF LIGHT	(CAL: 260/530/1050)	6.20	8.47	15.95
roast beef, lettuce, tomatoes, fat free cheese & fat free mayo				

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

GRINDERS

OUR BREAD IS MADE FROM SCRATCH & BAKED OVEN FRESH DAILY!		(sizes are approximate)	QUARTER 4.5"	HALF 9"	WHOLE 18"
ITALIAN GRINDER - HOUSE SPECIALTY	(CAL: 450/910/1810)		6.50	8.68	16.31
ham, sausage, salami, mushrooms, onions, green peppers, cheese, lettuce, tomatoes & mayo					
PIZZA	(CAL: 450/900/1800)		5.75	8.47	15.89
pepperoni, pizza sauce & cheese					
BELLACINO'S CLUB	(CAL: 390/790/1570)		6.45	8.68	16.31
turkey, ham, bacon, cheese, lettuce, tomatoes & mayo					
AI BOMBER	(CAL: 330/670/1330)		6.50	9.00	16.95
thinly sliced ribeye steak covered with mushrooms, onions, green peppers, cheese, lettuce, tomatoes, & AI thick & hearty sauce					
STEAK	(CAL: 380/760/1510)		6.50	9.00	16.95
thinly sliced ribeye steak covered with mushrooms, onions, green peppers, cheese, lettuce, tomatoes & mayo					
CHICAGO STEAK	(CAL: 420/840/1680)		6.50	9.00	16.95
thinly sliced ribeye steak covered with mushrooms, onions, cheese, & Bellacino's own garlic spread					
CHICKEN	(CAL: 380/760/1510)		6.50	9.00	16.95
marinated broiled chicken breast strips topped with onions, green peppers, cheese, lettuce, tomatoes & mayo					
CHICKEN BACON RANCH	(CAL: 420/830/1660)		6.50	9.00	16.95
marinated broiled chicken breast strips, bacon, ranch, cheese, lettuce & tomatoes					
BELLACINO'S BAYOU™	(CAL: 370/740/1480)		6.50	9.00	16.95
marinated broiled chicken breast strips, Bellacino's own Cajun seasoning, onions, mayo & cheese					
BRAZEN BUFFALO CHICKEN	(CAL: 350/710/1420)		6.50	9.00	16.95
marinated broiled chicken breast strips, hot sauce, ranch, onions, cheese, lettuce & tomatoes					
TRIPLE DECKER	(CAL: 340/670/1340)		6.45	8.69	16.31
roast beef, ham, turkey, cheese, lettuce, tomatoes & mayo					
HAM & CHEESE	(CAL: 350/700/1400)		6.17	8.47	15.89
ham, cheese, lettuce, tomatoes & mayo					
REUBEN	(CAL: 390/720/1580)		6.45	9.00	16.95
tender corned beef piled high, sauerkraut, cheese & Thousand Island dressing					
HAM & TURKEY	(CAL: 360/720/1430)		6.20	8.50	15.95
ham, turkey, cheese, lettuce, tomatoes & mayo					
HAM, CHEESE & SALAMI	(CAL: 390/790/1570)		6.20	8.50	15.95
ham, cheese, salami, lettuce, tomatoes & mayo					
TURKEY GRINDER	(CAL: 340/670/1350)		6.20	8.50	15.95
turkey, cheese, lettuce, tomatoes & mayo					
ROAST BEEF	(CAL: 340/670/1350)		6.20	8.50	15.95
roast beef, cheese, lettuce, tomatoes & mayo					
VEGGIE	(CAL: 370/750/1500)		5.75	8.47	15.89
green peppers, onions, mushrooms, cheddar & white cheese, lettuce, tomatoes & mayo					
B.L.T.	(CAL: 450/890/1780)		6.45	8.68	16.31
bacon, lettuce, tomatoes, cheese & mayo					
TACO	(CAL: 450/910/1820)		6.50	9.00	16.95
taco meat, salsa, onions, black olives, cheddar & white cheese, lettuce & tomatoes					
FRENCH DIP	(CAL: 300/610/1210)		6.45	8.68	16.31
roast beef, cheese & side of au jus					
TERIYAKI CHICKEN	(CAL: 460/920/1840)		6.50	9.00	16.95
marinated broiled chicken breast strips, teriyaki sauce, mushrooms, onions, green peppers, lettuce, tomatoes, mayo & cheese					
HAWAIIAN	(CAL: 380/770/1540)		6.20	8.50	15.89
ham, sweet BBQ sauce, onions, pineapple, cheese, lettuce & tomatoes					
STROMBOLI GRINDER	(CAL: 450/910/1820)		6.50	9.00	16.95
italian sausage, pasta sauce, onions, green peppers, cheese & hot pepper rings					
EXTRA CHEESE	QUARTER cal: 40	HALF cal: 80	WHOLE cal: 160		
EXTRA MEAT ITEM	cal: 30-80	cal: 60-150	cal: 120-310		
EXTRA STEAK OR CHICKEN	cal: 60-80	cal: 130-150	cal: 290-310		
				.70 .91 1.14	.89 1.19 1.83
					1.77 2.39 2.49

MAKE ANY GRINDER A MEAL!

Add a Regular Coca-Cola®	w/ chips 3.56	w/ fries 4.63	w/ side salad 5.98
Add a Large Coca-Cola®	3.80	4.85	6.21
PRICE IS ADDED TO COST OF GRINDER			



PIZZA

TOPPING...					8" round (adds 0-160 cals) · 12" round (adds 10-510 cals) · 16" round (adds 10-790 cals)
STEAK CHICKEN PEPPERONI SAUSAGE HAM	BACON GROUND BEEF SALAMI ONIONS	JALAPENOS PINEAPPLE GREEN PEPPERS MUSHROOMS	BLACK OLIVES BANANA PEPPER RINGS FRESH TOMATOES EXTRA CHEESE	*Steak & chicken are charged as double items Thin crust available upon request	
					8 INCH 12 INCH 16 INCH CALORIES
PLAIN CHEESE					5.79 13.45 16.84 8" - 140 cal/slice, 4 slices 12" - 120 cal/slice, 12 slices 16" - 170 cal/slice, 16 slices
1 TOPPING					6.69 15.15 19.04 8" - 140-180 cal/slice, 4 slices 12" - 120-160 cal/slice, 12 slices 16" - 170-220 cal/slice, 16 slices
2 TOPPINGS					7.59 16.85 21.24 8" - 140-220 cal/slice, 4 slices 12" - 120-200 cal/slice, 12 slices 16" - 170-270 cal/slice, 16 slices
3 TOPPINGS					8.49 18.55 23.44 8" - 140-260 cal/slice, 4 slices 12" - 120-240 cal/slice, 12 slices 16" - 170-320 cal/slice, 16 slices
EXTRA HALF TOPPING					.47 .90 1.17 8" - 0-20 cal/slice, 4 slices 12" - 0-20 cal/slice, 12 slices 16" - 0-25 cal/slice, 16 slices
EXTRA FULL TOPPING					.90 1.70 2.20 8" - 0-40 cal/slice, 4 slices 12" - 0-40 cal/slice, 12 slices 16" - 10-50 cal/slice, 16 slices
10" CAULIFLOWER CRUST PLAIN CHEESE					12.69 90 cal/slice, 12 slices
ADDITIONAL TOPPINGS					1.70 120-160 cal/slice, 12 slices

SPECIALTY PIZZA

					8 INCH 12 INCH 16 INCH CALORIES
BELLACINO'S PRIDE					9.95 18.54 25.96 8" - 190 cal/slice, 4 slices 12" - 180 cal/slice, 12 slices 16" - 240 cal/slice, 16 slices
CHICKEN ALFREDO					9.56 18.54 26.07 8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 210 cal/slice, 16 slices
BELLACINO'S SUPER					8.15 18.01 23.20 8" - 160 cal/slice, 4 slices 12" - 140 cal/slice, 12 slices 16" - 190 cal/slice, 16 slices
VEGGIE					8.40 18.01 23.20 8" - 150 cal/slice, 4 slices 12" - 130 cal/slice, 12 slices 16" - 180 cal/slice, 16 slices
TACO					9.56 18.54 25.96 8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 230 cal/slice, 16 slices
BELLACINO'S MEAT EATER					10.21 18.54 25.96 8" - 220 cal/slice, 4 slices 12" - 190 cal/slice, 12 slices 16" - 260 cal/slice, 16 slices
CHICAGO STEAK					10.21 18.54 25.96 8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 220 cal/slice, 16 slices
BARBEQUE CHICKEN					10.21 18.54 25.96 8" - 160 cal/slice, 4 slices 12" - 150 cal/slice, 12 slices 16" - 200 cal/slice, 16 slices
CHICKEN BACON RANCH					9.63 17.49 24.59 8" - 210 cal/slice, 4 slices 12" - 190 cal/slice, 12 slices 16" - 250 cal/slice, 16 slices

CALZONES

Freshly baked pizza dough folded over, stuffed with cheese & your favorite toppings. The outside is brushed with a buttery spread & sprinkled with grated parmesan cheese. Served with a side of pizza sauce.				
SMALL CHEESE CALZONE	(CAL: 960)			5.79
				EXTRA TOPPING (adds 10-510 cals) .90
LARGE CHEESE CALZONE	(CAL: 2120)			12.69
				EXTRA TOPPING (adds 10-790 cals) 1.70