

DESSERTS



COOKIES	(260-270 CALS/COOKIE)	.95
BROWNIES	(370-390 CALS/BROWNIE)	1.50
CINNAMON STICKS	(100 CALS/ 8 SLICES)	5.25

lightly baked dough, basted with butter, sprinkled with cinnamon & sugar mix & drizzled with icing

BEVERAGES



2 LITER SOFT DRINK	(CAL: 0-840)	4.50
REGULAR BEVERAGE	(CAL: 0-290)	2.25
LARGE BEVERAGE	(CAL: 0-430)	2.45
20 oz. BOTTLED BEVERAGE	(CAL: 0-280)	2.45
GALLON OF TEA	(CAL: 0)	4.95
KIDS BEVERAGE	(CAL: 0-160)	1.45

JUST FOR KIDS

(This pricing is for kids 10 & under ONLY)

PIZZA	(CAL: 550-710)	4.89
8" pizza (cheese only) & kid-size drink. Additional toppings are available for an extra charge.		
GRILLED CHEESE	(CAL: 500-660)	4.29
1/4 grinder with cheddar & mozzarella cheese. Served with kid-sized fries & kid-sized drink.		
HAM & CHEESE GRINDER	(CAL: 420-580)	4.89
1/4 size grinder with ham, cheese, lettuce, tomatoes & mayo. Served with kid-sized fries & kid-size drink.		
TURKEY GRINDER	(CAL: 500-660)	4.89
1/4 size grinder with turkey, cheese, lettuce, tomatoes & mayo. Served with kid-sized fries & kid-size drink.		
PIZZA GRINDER	(CAL: 610-770)	4.89
1/4 grinder with pepperoni, pizza sauce & cheese. Served with kid-sized fries & kid-sized drink.		
KID'S SPAGHETTI	(CAL: 340-500)	5.65
spaghetti noodles topped with our own unique meat sauce. Served with garlic toast & a kid-sized drink.		
KID'S RAVIOLI	(CAL: 660-820)	5.65
cheese stuffed raviolis topped with our own unique meat sauce. Served with garlic toast & a kid-sized drink.		
BELLACINO'S BITES	(CAL: 370-530)	5.29
baked chicken nuggets served with kid-sized fries & kid-sized drink.		

PASTA

ALL PASTA DINNERS ARE MADE WITH BELLACINO'S OWN MEAT SAUCE

LASAGNA	(CAL: 980)	10.25
SPAGHETTI	(CAL: 850)	9.99
RAVIOLI	(CAL: 940)	9.99
FETTUCINI ALFREDO	(CAL: 1100)	9.25
CHICKEN FETTUCINI ALFREDO	(CAL: 1270)	11.25
CAJUN CHICKEN FETTUCINI ALFREDO	(CAL: 1270)	11.25

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

WE CATER



Whether it's for your office or family...
for 10 or 500 people...
Bellacino's Catering can turn any Party into an Event to Remember!

PARTY BOXES • SALADS • PIZZAS • PASTA ASK ABOUT OUR CATERING

PARTY BOX	(CAL: 6300-9750)	65.99
PARTY VEGGIE SALAD	(CAL: 2000/3310)	25.00 45.00
PARTY CHEF SALAD	(CAL: 2640/4230)	25.00 45.00
PARTY GREEK SALAD	(CAL: 1680/2790)	25.00 45.00
PARTY CHICKEN SALAD	(CAL: 2520/4190)	25.00 45.00
PARTY TACO SALAD	(CAL: 5210/8480)	25.00 45.00
PARTY BONE-IN WINGS (50 COUNT)	(CAL: 6950-9790)	44.50
PARTY BONELESS WINGS (50 COUNT)	(CAL: 2560-5500)	39.99
PARTY LASAGNA	(CAL: 3690)	49.99
PARTY RAVIOLI	(CAL: 3760)	49.99
PARTY SPAGHETTI	(CAL: 3400)	44.99
DOZEN BROWNIES	(CAL: 4440-4680)	17.99
DOZEN COOKIES	(CAL: 3120-3240)	7.99

HISTORY...

The term "Grinder" can be traced back to the East Coast, where during World War II, Italian immigrants set up sandwich shops close to the shipyards. Their freshly baked Italian rolls were filled with generous amounts of meats & cheeses and were then baked and garnished with lettuce & tomato. These super-sized sandwiches were a favorite of the hard-working men who ground off rivets on the metal warships. The friendly shop owners referred to these men as grinders, and the ever-popular sandwiches also came to be known as Grinders.

We at Bellacino's pledge our guarantee to provide generous portions, superior quality, and fast & friendly service. Short on time does not have to mean short on variety or flavor, but just the right blend of convenience and satisfaction. We will never compromise our quality for gimmick or profit.

Joe Mancino
Founder

DOWNLOAD OUR FREE MOBILE APP!



HOURS:

Monday - Sunday 10:30 am - 9 pm

Thank you for choosing Bellacino's



No Personal Checks Accepted

For franchise information, please contact
us at 877-379-0700 or visit our website www.bellacinos.com

Thank you for choosing Bellacino's

Bellacino's®

Pizza & Grinders



WELCOME

DINE IN • CARRY OUT
ORDER ONLINE

www.bellacinos.com

4662 Lebanon Pike
Hermitage, TN 37076
Ph: 615-884-3020

FAVORITES

BAKED FRIES	(CAL: 320)	2.79
NACHO SUPREME	(CAL: 1580)	8.29
tortilla chips, taco meat, onions, black olives, cheese, topped with lettuce & tomatoes (salsa & sour cream served on the side)		
GARLIC CHEESE BREAD	(140 CAL/PIECE; 8 PIECES)	4.29
Bellacino's grinder bread covered with cheese & garlic spread - Served w/ a side of dipping sauce		
PARMESAN STICKS	(130 CAL/PIECE; 12 PIECES)	4.29
fresh baked pizza dough covered with a buttery spread & grated parmesan cheese - Served w/ a side of dipping sauce		
CHEESY BREAD STICKS	(120 CAL/PIECE; 12 PIECES)	5.99
fresh baked pizza dough covered with garlic spread, cheese, and grated parmesan cheese		
BONELESS WINGS	(CAL: 320)	6.79
SERVED W/ A SIDE OF DIPPING SAUCE		
HOT (ADDS 40/150/240 CALS)	(CAL: 640)	12.89
SERVED W/ TWO DIPPING SAUCES		
BBQ (ADDS 140/280/470 CALS)	(CAL: 1070)	20.65
SERVED W/ TWO DIPPING SAUCES		
BONE-IN WINGS	(CAL: 830)	6.99
SERVED W/ A SIDE OF DIPPING SAUCE		
HOT (ADDS 40/80/130 CALS)	(CAL: 1630)	12.99
SERVED W/ TWO DIPPING SAUCES		
BBQ (ADDS 140/470/840 CALS)	(CAL: 2720)	20.17
SERVED W/ TWO DIPPING SAUCES		
BREADED BANANA PEPPER RINGS	(CAL: 250; 40Z)	4.99
CHIPS	(CAL: 140-320)	1.49
SIDE OF DIPPING SAUCE	(CAL: 140-320)	.85
your choice of: pizza sauce, pasta sauce, marinara, ranch or bleu cheese		

SALADS

DRESSINGS... (calories are listed for 1 dressing packet . calories 20-210)
 RANCH • THOUSAND ISLAND • BLEU CHEESE • ITALIAN • GREEK • FRENCH • FAT FREE RANCH • FAT FREE FRENCH
 FAT FREE ITALIAN • FAT FREE RASPBERRY VINAIGRETTE *EXTRA DRESSING .70 - 20-210 cal.
 * SALAD CALORIE COUNTS DO NOT INCLUDE DRESSING CHOICE *

SANDRA'S SIGNATURE SALAD	(CAL: 530/540)	5.25	9.99
lettuce, pecans, dried cranberries, gorgonzola crumbles, tomatoes & Bellacino's recommends our fat free raspberry vinaigrette			
		ADD STEAK (adds 170 cal)	2.09
		ADD CHICKEN (adds 170 cal)	2.09
CHEF SALAD	(CAL: 630/640)	5.25	9.99
lettuce, tomatoes, turkey, ham, salami, onions, green peppers, mushrooms & cheddar cheese			
GRILLED CHICKEN SALAD	(CAL: 590/600)	5.25	9.99
lettuce, tomatoes, marinated broiled chicken breast strips, onions, green peppers, mushrooms & cheddar cheese			
GREEK SALAD	(CAL: 390/400)	5.25	9.99
lettuce, tomatoes, onions, green peppers, black olives, pepperoncini peppers, feta cheese crumbles & Bellacino's recommends our Greek Dressing			
TACO SALAD	(CAL: 1110/1120)	5.25	9.99
lettuce, tomatoes, tortilla chips, taco meat, onions, black olives & cheddar cheese (salsa & sour cream served on the side)			
VEGGIE SALAD	(CAL: 490/500)	4.55	8.25
lettuce, tomatoes, onions, green peppers, mushrooms, black olives & cheddar cheese			
SIDE SALAD	(CAL: 210/310)	4.25	7.55
lettuce, tomatoes, onions, green peppers, mushrooms & cheddar cheese			

BELLACINO'S LIGHT

A LIGHTER VERSION OF OUR DELICIOUS GRINDERS!

VEGGIE LIGHT	(CAL: 230/450/910)	4.79	7.79	12.79
green peppers, onions, mushrooms, tomatoes, fat free cheese & fat free mayo				
CHICKEN LIGHT	(CAL: 300/610/1210)	4.99	7.99	15.39
marinated broiled chicken breast strips, onions, green peppers, lettuce, tomatoes, fat free cheese & fat free mayo				
HAM & CHEESE LIGHT	(CAL: 260/520/1030)	4.89	7.99	13.99
ham, lettuce, tomatoes, fat free cheese & fat free mayo				
TURKEY LIGHT	(CAL: 260/530/1050)	4.89	7.99	13.99
turkey, lettuce, tomatoes, fat free cheese & fat free mayo				
ROAST BEEF LIGHT	(CAL: 260/530/1050)	4.89	8.25	15.39
roast beef, lettuce, tomatoes, fat free cheese & fat free mayo				

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

GRINDERS

OUR BREAD IS MADE FROM SCRATCH & BAKED OVEN FRESH DAILY!



(sizes are approximate) QUARTER 4.5" HALF 9" WHOLE 18"

ITALIAN GRINDER - HOUSE SPECIALTY	(CAL: 450/910/1810)	4.99	8.25	14.99
ham, sausage, salami, mushrooms, onions, green peppers, cheese, lettuce, tomatoes & mayo				
BELLACINO'S ZESTY DELI™	(CAL: 440/880/1760)	4.99	8.25	14.99
capicola (italian ham), salami, pepperoni, onions, green peppers, mushrooms, cheese & pasta sauce				
PIZZA	(CAL: 450/900/1800)	4.79	7.55	13.29
pepperoni, pizza sauce & cheese				
BELLACINO'S CLUB	(CAL: 390/790/1570)	4.99	7.99	14.59
turkey, ham, bacon, cheese, lettuce, tomatoes & mayo				
AI BOMBER	(CAL: 330/670/1330)	4.99	8.25	15.39
thinly sliced ribeye steak covered with mushrooms, onions, green peppers, cheese, lettuce, tomatoes, & AI thick & hearty sauce				
STEAK	(CAL: 380/760/1510)	4.99	8.25	15.39
thinly sliced ribeye steak covered with mushrooms, onions, green peppers, cheese, lettuce, tomatoes & mayo				
CHICAGO STEAK	(CAL: 420/840/1680)	4.99	8.25	15.39
thinly sliced ribeye steak covered with mushrooms, onions, cheese, & Bellacino's own garlic spread				
CHICKEN	(CAL: 380/760/1510)	4.99	8.25	15.39
marinated broiled chicken breast strips topped with onions, green peppers, cheese, lettuce, tomatoes & mayo				
CHICKEN BACON RANCH	(CAL: 420/830/1660)	4.99	8.25	15.39
marinated broiled chicken breast strips, bacon, ranch, cheese, lettuce & tomatoes				
BELLACINO'S BAYOU™	(CAL: 370/740/1480)	4.99	8.25	15.39
marinated broiled chicken breast strips, Bellacino's own Cajun seasoning, onions, mayo & cheese				
BRAZEN BUFFALO CHICKEN	(CAL: 350/710/1420)	4.99	8.25	15.39
marinated broiled chicken breast strips, hot sauce, ranch, onions, cheese, lettuce & tomatoes				
HAM & CHEESE	(CAL: 350/700/1400)	4.89	7.99	13.99
ham, cheese, lettuce, tomatoes & mayo				
REUBEN	(CAL: 390/720/1580)	4.99	8.25	14.59
tender corned beef piled high, sauerkraut, cheese & Thousand Island dressing				
HAM & TURKEY	(CAL: 360/720/1430)	4.99	7.99	13.99
ham, turkey, cheese, lettuce, tomatoes & mayo				
HAM, CHEESE & SALAMI	(CAL: 390/790/1570)	4.89	7.99	14.59
ham, cheese, salami, lettuce, tomatoes & mayo				
TURKEY GRINDER	(CAL: 340/670/1350)	4.99	7.99	13.99
turkey, cheese, lettuce, tomatoes & mayo				
ROAST BEEF	(CAL: 340/670/1350)	4.99	8.25	14.99
roast beef, cheese, lettuce, tomatoes & mayo				
VEGGIE	(CAL: 370/750/1500)	4.89	7.35	13.99
green peppers, onions, mushrooms, cheddar & white cheese, lettuce, tomatoes & mayo				
B.L.T.	(CAL: 450/890/1780)	4.99	7.99	14.59
bacon, lettuce, tomatoes, cheese & mayo				
STROMBOLI GRINDER	(CAL: 450/910/1820)	4.99	7.99	14.59
italian sausage, pasta sauce, onions, green peppers, cheese & hot pepper rings				
TUNA	(CAL: 430/860/1730)	4.99	7.99	14.59
tuna (mixed with mayo), onions, cheese, lettuce, tomatoes & mayo				
MEATBALL	(CAL: 430/860/1720)	4.99	7.99	14.59
sliced meatballs, pasta sauce, onions, green peppers & cheese				
TACO	(CAL: 450/910/1820)	4.99	7.99	14.59
taco meat, salsa, onions, black olives, cheddar & white cheese, lettuce & tomatoes				
FRENCH DIP	(CAL: 300/610/1210)	4.99	8.25	14.59
roast beef, cheese & side of au jus				
EXTRA CHEESE	cal: 80	.80	1.35	1.85
EXTRA MEAT ITEM	cal: 60-150	1.05	1.55	2.10

MAKE ANY GRINDER A MEAL!

Add a Regular Coca-Cola®	w/ chips 3.25	w/ fries 4.25	w/ side salad 5.25
Add a Large Coca-Cola®	3.80	4.80	5.75

PRICE IS ADDED TO COST OF GRINDER

PIZZA ^{NEW} 100% Cheese

TOPPINGS...

8" round (adds 0-160 cal) · 12" round (adds 10-510 cal) · 16" round (adds 10-790 cal)

STEAK CHICKEN PEPPERONI SAUSAGE HAM	BACON MEATBALLS GROUND BEEF SALAMI ONIONS	GREEN PEPPERS MUSHROOMS BLACK OLIVES GREEN OLIVES BANANA PEPPER RINGS	JALAPENOS PINEAPPLE FRESH TOMATOES EXTRA CHEESE
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*Steak & chicken are charged as double items

	8 INCH	12 INCH	16 INCH	CALORIES
PLAIN CHEESE	4.99	9.99	13.99	8" - 140 cal/slice, 4 slices 12" - 120 cal/slice, 12 slices 16" - 170 cal/slice, 16 slices
1 TOPPING	5.79	11.79	15.99	8" - 140-180 cal/slice, 4 slices 12" - 120-160 cal/slice, 12 slices 16" - 170-220 cal/slice, 16 slices
2 TOPPINGS	6.69	13.29	17.99	8" - 140-220 cal/slice, 4 slices 12" - 120-200 cal/slice, 12 slices 16" - 170-270 cal/slice, 16 slices
3 TOPPINGS	7.59	14.79	19.99	8" - 140-260 cal/slice, 4 slices 12" - 120-240 cal/slice, 12 slices 16" - 170-320 cal/slice, 16 slices
4 TOPPINGS	8.49	16.29	21.99	8" - 140-300 cal/slice, 4 slices 12" - 120-280 cal/slice, 12 slices 16" - 170-370 cal/slice, 16 slices
5 TOPPINGS	9.39	17.79	23.99	8" - 140-340 cal/slice, 4 slices 12" - 120-320 cal/slice, 12 slices 16" - 170-420 cal/slice, 16 slices
EXTRA HALF TOPPING	.75	1.55	1.95	8" - adds 0-20 cal/slice, 4 slices 12" - adds 0-20 cal/slice, 12 slices 16" - adds 0-25 cal/slice, 16 slices
EXTRA FULL TOPPING	1.00	1.75	2.55	8" - adds 0-40 cal/slice, 4 slices 12" - adds 0-40 cal/slice, 12 slices 16" - adds 10-50 cal/slice, 16 slices

SPECIALTY PIZZA

	8 INCH	12 INCH	16 INCH	CALORIES
BELLACINO'S PRIDE	7.85	15.25	22.99	8" - 190 cal/slice, 4 slices 12" - 180 cal/slice, 12 slices 16" - 240 cal/slice, 16 slices
pepperoni, ham, sausage, mushrooms, onions, green peppers, black olives & cheese				
CHICKEN ALFREDO	7.85	15.25	22.99	8" - 190 cal/slice, 4 slices 12" - 180 cal/slice, 12 slices 16" - 240 cal/slice, 16 slices
white creamy Alfredo sauce, marinated broiled chicken breast strips, onions & cheese				
BELLACINO'S SUPER	7.75	14.25	19.99	8" - 160 cal/slice, 4 slices 12" - 140 cal/slice, 12 slices 16" - 190 cal/slice, 16 slices
pepperoni, mushrooms, green peppers, onions & cheese				
VEGGIE	7.75	14.25	19.99	8" - 150 cal/slice, 4 slices 12" - 130 cal/slice, 12 slices 16" - 180 cal/slice, 16 slices
mushrooms, onions, green peppers, black olives & cheese				
TACO	7.85	15.25	22.99	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 230 cal/slice, 16 slices
taco meat, salsa, onions, cheddar & white cheese, black olives, lettuce & tomatoes				
BELLACINO'S MEAT EATER	7.85	15.25	22.99	8" - 220 cal/slice, 4 slices 12" - 190 cal/slice, 12 slices 16" - 260 cal/slice, 16 slices
pepperoni, sausage, ham, ground beef, bacon & cheese				
CHICKEN BACON RANCH	7.85	15.25	22.99	8" - 210 cal/slice, 4 slices 12" - 190 cal/slice, 12 slices 16" - 250 cal/slice, 16 slices
ranch dressing, marinated broiled chicken breast strips, bacon, mozzarella & cheddar cheese				
BARBEQUE CHICKEN	7.85	15.25	22.99	8" - 160 cal/slice, 4 slices 12" - 150 cal/slice, 12 slices 16" - 200 cal/slice, 16 slices
sweet bbq sauce, marinated broiled chicken breast strips, pineapple, onions & cheese				
CHICAGO STEAK	7.85	15.25	22.99	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 220 cal/slice, 16 slices
thinly sliced ribeye steak, onions, mushrooms, cheese & Bellacino's own garlic spread				
HAWAIIAN	7.69	14.59	18.29	8" - 140 cal/slice, 4 slices 12" - 130 cal/slice, 12 slices 16" - 180 cal/slice, 16 slices
ham, pineapple & cheese				

CALZONES

Freshly baked pizza dough folded over, stuffed with cheese & your favorite toppings. The outside is brushed with a buttery spread & sprinkled with grated parmesan cheese. Served with a side of pizza sauce.

CALZONE	(CAL: 960)	7.25
EXTRA ITEM	(ADDS 0-180 CALS)	1.00