

DESSERTS



COOKIES	(260-270 CALS/COOKIE)	.79 or 3/2.00
BROWNIE	(370-390 CALS/BROWNIE)	1.50
CINNAMON STICKS	(100 CALS/ 18 SLICES)	4.29

lightly baked dough, basted with butter, sprinkled with cinnamon & sugar mix & drizzled with icing

BEVERAGES



2-LITER SOFT DRINK	(CAL: 0-840)	2.59
REGULAR BEVERAGE	(CAL: 0-290)	2.09
LARGE BEVERAGE	(CAL: 0-430)	2.39
20 oz. BOTTLED BEVERAGE	(CAL: 0-280)	2.09
GALLON OF UNSWEET TEA	(CAL: 0)	3.99
GALLON OF SWEET TEA	(CAL: 770)	3.99
BOTTLED WATER	(CAL: 0)	2.09
KIDS BEVERAGE	(CAL: 0-270)	.99

JUST FOR KIDS

(This pricing is for kids 10 & under ONLY)

PIZZA	(CAL: 550-710)	4.49
<small>8" pizza (cheese only) & kid-size drink. Additional toppings are available for an extra charge.</small>		
GRILLED CHEESE	(CAL: 500-660)	3.99
<small>1/4 grinder with cheddar & mozzarella cheese. Served with kid-sized fries & kid-sized drink.</small>		
HAM & CHEESE GRINDER	(CAL: 420-580)	4.49
<small>1/4 grinder with ham, cheese, lettuce, tomatoes & mayo. Served with kid-sized fries & kid-sized drink.</small>		
TURKEY GRINDER	(CAL: 500-660)	4.49
<small>1/4 grinder with turkey, cheese, lettuce, tomatoes & mayo. Served with kid-sized fries & kid-sized drink.</small>		
PEANUT BUTTER & JELLY GRINDER	(CAL: 480-640)	3.99
<small>1/4 grinder with peanut butter & jelly. Served with kid-sized fries & kid-sized drink.</small>		

PASTA

LASAGNA & GARLIC TOAST	(CAL: 980)	9.99
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Bellacino's delicious lasagna - layers of pasta, our own unique marinara, ground beef, ricotta, and a blend of cheese



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

www.bellacinos.com

WE CATER



Whether it's for your office or family...
for 10 or 500 people...
Bellacino's catering can turn any party into an event to remember!

PARTY BOXES • SALADS • PIZZAS

PARTY BOX	(CAL: 6300-9750)	56.99
<small>Any five whole grinders of your choice! . Feeds 10-12 . Ready in 20 minutes!</small>		
SIDE SALAD	(CAL: 1760)	24.99
PARTY CHEF SALAD	(CAL: 2640)	29.99
PARTY GREEK SALAD	(CAL: 1680)	29.99
PARTY CHICKEN SALAD	(CAL: 2520)	39.99
PARTY STEAK SALAD	(CAL: 2530)	39.99
DOZEN COOKIES	(CAL: 3120-3240)	7.49

DELIVERY POLICY (LEBANON ONLY):
\$100 minimum delivery order.
FOR FAST, CONVENIENT SERVICE, CALL AHEAD.

HISTORY...

The term "Grinder" can be traced back to the East Coast, where during World War II, Italian immigrants set up sandwich shops close to the shipyards. Their freshly baked Italian rolls were filled with generous amounts of meats & cheeses and were then baked and garnished with lettuce & tomato. These super-sized sandwiches were a favorite of the hard-working men who ground off rivets on the metal warships. The friendly shop owners referred to these men as grinders, and the ever-popular sandwiches also came to be known as Grinders.

We at Bellacino's pledge our guarantee to provide generous portions, superior quality, and fast & friendly service. Short on time does not have to mean short on variety or flavor, but just the right blend of convenience and satisfaction. We will never compromise our quality for gimmick or profit.

Joe Mancino
Founder

HOURS:

Sunday - Thursday	10 am - 8 pm
Friday - Saturday	10 am - 9 pm

Thank you for choosing Bellacino's



No Personal Checks Accepted

For franchise information, please contact
us at 877-379-0700 or visit our website

Thank you for choosing Bellacino's

Bellacino's®

Pizza & Grinders



WELCOME

DINE IN • CARRY OUT ORDER ONLINE

www.bellacinos.com

325 A HWY. 109 North
Lebanon, TN 37087
phone: 615-547-1414

112 Bradford Blvd. Ste. 100
Gordonsville, TN 38563
phone: 615-683-4000

DELIVERY AVAILABLE

Hours and menu items may vary depending on location

FAVORITES

BAKED FRIES (CAL: 320)	1.99
LOADED FRIES (CAL: 320) french fries, crispy bacon pieces, mozzarella & cheddar cheese served with sour cream	6.99
NACHO SUPREME (CAL: 1580) tortilla chips, taco meat, onions, black olives, cheese, topped with lettuce & tomatoes (salsa & sour cream served on the side)	9.99
GARLIC CHEESE BREAD (140 CAL/PIECE; 8 PIECES) Bellacino's grinder bread covered with cheese & garlic spread - Served w/ a side of dipping sauce	3.99
PARMESAN STICKS (90 CAL/PIECE; 8 PIECES) fresh baked pizza dough covered with a buttery spread & grated parmesan cheese - Served w/ a side of dipping sauce	3.99
CHEESY BREADSTICKS (120 CAL/PIECE; 12 PIECES) fresh baked pizza dough covered with garlic spread, cheese & grated parmesan cheese - Served w/ a side of dipping sauce	5.99
BONELESS WINGS (cal: 320) SERVED W/ A SIDE OF DIPPING SAUCE	6 5.99
BBQ - HOT & SPICY - GARLIC - TERIYAKI (adds 140-40-340/350-100-860/530-150-1290) (cal: 640) SERVED W/ TWO DIPPING SAUCES	12 9.99
BONE-IN WINGS (cal: 830) SERVED W/ A SIDE OF DIPPING SAUCE	6 7.49
BBQ - HOT & SPICY - GARLIC - TERIYAKI (adds 140-40-340/280-80-690/470-130-1150) (cal: 1630) SERVED W/ TWO DIPPING SAUCES	12 11.99
CHIPS (CAL: 140-320)	1.00
SIDE OF DIPPING SAUCE (CAL: 40-450) your choice of: pizza sauce cal. 40, marinara cal. 45, ranch cal. 450 or bleu cheese cal. 350	.50

SALADS

DRESSINGS... (calories are listed for 1 dressing packet)

RANCH • THOUSAND ISLAND • BLEU CHEESE • FRENCH • HONEY MUSTARD • ITALIAN • GREEK • CEASAR
RASPERRY VINAIGRETTE • BALSALMIC VINAIGRETTE • FAT FREE ITALIAN • FAT FREE RANCH • FAT FREE FRENCH
*EXTRA DRESSING .39 - 15-220 cal.

* SALAD CALORIE COUNTS DO NOT INCLUDE DRESSING CHOICE *

ADD STEAK (adds 170 cals)	2.99
ADD CHICKEN (adds 170 cals)	2.99
ADD SEAFOOD (adds 330 cals)	2.99

CHEF SALAD (CAL: 640) lettuce, tomatoes, turkey, ham, salami, onions, green peppers, mushrooms & cheese	8.99
GRILLED CHICKEN SALAD (CAL: 600) lettuce, tomatoes, marinated broiled chicken breast strips, onions, green peppers, mushrooms & cheese	8.99
STEAK SALAD (CAL: 600) lettuce, tomatoes, thinly sliced ribeye steak, onions, mushrooms & cheese	9.49
SEAFOOD SALAD (CAL: 720) lettuce, tomatoes, crab & seafood flaky chunks (mixed with mayo) & cheese	7.99
GREEK SALAD (CAL: 400) lettuce, tomatoes, onions, green peppers, black olives, pepperoncini peppers, feta cheese crumbles & Bellacino's recommends our Greek Dressing	7.99
TACO SALAD (CAL: 1120) lettuce, tomatoes, tortilla chips, taco meat, onions, black olives & cheese (salsa & sour cream served on the side)	9.49
VEGGIE SALAD (CAL: 500) lettuce, tomatoes, onions, green peppers, mushrooms, black olives & cheese	7.49
SIDE SALAD (CAL: 210) lettuce, tomatoes, onions, green peppers, mushrooms & cheese	3.99

BELLACINO'S LIGHT

A LIGHTER VERSION OF OUR DELICIOUS GRINDERS!

	QUARTER 4.5"	HALF 9"	WHOLE 18"
VEGGIE LIGHT (CAL: 230/450/910) green peppers, onions, mushrooms, tomatoes, fat free cheese & fat free mayo	4.39	7.19	13.49
CHICKEN LIGHT (CAL: 300/610/1210) marinated broiled chicken breast strips, onions, green peppers, lettuce, tomatoes, fat free cheese & fat free mayo	4.69	7.69	13.79
HAM & CHEESE LIGHT (CAL: 260/520/1030) ham, lettuce, tomatoes, fat free cheese & fat free mayo	4.39	7.19	13.49
TURKEY LIGHT (CAL: 260/530/1050) turkey, lettuce, tomatoes, fat free cheese & fat free mayo	4.69	7.69	13.49
ROAST BEEF LIGHT (CAL: 260/530/1050) roast beef, lettuce, tomatoes, fat free cheese & fat free mayo	4.69	7.69	13.49

2,000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

GRINDERS

OUR BREAD IS MADE FROM SCRATCH & BAKED OVEN FRESH DAILY!



(sizes are approximate)

	QUARTER 4.5"	HALF 9"	WHOLE 18"
ITALIAN GRINDER - HOUSE SPECIALTY (CAL: 450/910/1810) ham, sausage, salami, mushrooms, onions, green peppers, cheese, lettuce, tomatoes & mayo	4.79	7.99	13.99
BELLACINO'S ZESTY DELI™ (CAL: 440/880/1760) capicola (italian ham), salami, pepperoni, onions, green peppers, mushrooms, cheese & pizza sauce	4.79	7.99	13.99
PIZZA (CAL: 450/900/1800) pepperoni, pizza sauce & cheese	4.29	6.99	12.99
BELLACINO'S CLUB (CAL: 390/790/1570) turkey, ham, bacon, cheese, lettuce, tomatoes & mayo	4.79	7.99	13.99
AI BOMBER (CAL: 330/670/1330) thinly sliced ribeye steak covered with mushrooms, onions, green peppers, cheese, lettuce, tomatoes, & AI thick & hearty sauce	4.79	7.99	13.99
STEAK (CAL: 380/760/1510) thinly sliced ribeye steak covered with mushrooms, onions, green peppers, cheese, lettuce, tomatoes & mayo	4.79	7.99	13.99
CHICAGO STEAK (CAL: 420/840/1680) thinly sliced ribeye steak covered with mushrooms, onions, cheese, & Bellacino's own garlic spread	4.79	7.99	13.99
CHICKEN (CAL: 380/760/1510) marinated broiled chicken breast strips topped with onions, green peppers, cheese, lettuce, tomatoes & mayo	4.59	7.49	13.49
CHICKEN BACON RANCH (CAL: 420/830/1660) marinated broiled chicken breast strips, bacon, ranch, cheese, lettuce & tomatoes	4.79	7.99	13.99
TUSCAN CHICKEN (CAL: 380/760/1520) marinated broiled chicken breast strips, mushrooms, onions, cheese & Bellacino's own garlic spread	4.59	7.49	13.49
BELLACINO'S BAYOU™ (CAL: 370/740/1480) marinated broiled chicken breast strips, Bellacino's own Cajun seasoning, onions, mayo & cheese	4.29	6.99	12.99
BRAZEN BUFFALO CHICKEN (CAL: 350/710/1420) marinated broiled chicken breast strips, hot sauce, ranch, onions, cheese, lettuce & tomatoes	4.79	7.99	13.99
AMERICAN COMBO (CAL: 340/670/1340) roast beef, ham, turkey, cheese, lettuce, tomatoes & mayo	4.29	6.99	12.99
CRAB & SEAFOOD (CAL: 440/890/1770) crab & seafood flaky chunk (mixed with mayo), onions, cheese, lettuce, tomatoes & mayo	4.29	6.99	12.99
HAM & CHEESE (CAL: 350/700/1400) ham, cheese, lettuce, tomatoes & mayo	4.29	6.99	12.99
REUBEN (CAL: 390/720/1580) tender corned beef piled high, sauerkraut, cheese & Thousand Island dressing	4.59	7.49	13.49
HAM & TURKEY (CAL: 360/720/1430) ham, turkey, cheese, lettuce, tomatoes & mayo	4.59	7.49	13.49
HAM, CHEESE & SALAMI (CAL: 390/790/1570) ham, cheese, salami, lettuce, tomatoes & mayo	4.29	6.99	12.99
TURKEY GRINDER (CAL: 340/670/1350) turkey, cheese, lettuce, tomatoes & mayo	4.59	7.49	13.49
ROAST BEEF (CAL: 340/670/1350) roast beef, cheese, lettuce, tomatoes & mayo	4.59	7.49	13.49
VEGGIE (CAL: 370/750/1500) green peppers, onions, mushrooms, cheddar & white cheese, lettuce, tomatoes & mayo	4.29	6.99	12.99
TERIYAKI CHICKEN (CAL: 460/920/1840) marinated broiled chicken breast strips, teriyaki sauce, mushrooms, onions, green peppers, lettuce, tomatoes, mayo & cheese	4.79	7.99	13.99
B.L.T. (CAL: 450/890/1780) bacon, lettuce, tomatoes, cheese & mayo	4.59	7.49	13.49
STROMBOLI GRINDER (CAL: 450/910/1820) italian sausage, pasta sauce, onions, green peppers, cheese & hot pepper rings	4.59	7.49	13.49
TUNA (CAL: 430/860/1730) tuna (mixed with mayo), onions, cheese, lettuce, tomatoes & mayo	4.29	6.99	12.99
MEATBALL (CAL: 430/860/1720) sliced meatballs, pasta sauce, onions, green peppers & cheese	4.79	7.99	13.99
TACO (CAL: 450/910/1820) taco meat, salsa, onions, black olives, cheddar & white cheese, lettuce & tomatoes	4.79	7.99	13.99
HAWAIIAN (CAL: 380/770/1540) ham, sweet bbq sauce, onions, pineapple, lettuce & tomatoes	4.29	6.99	12.99
EXTRA CHEESE (QUARTER cal: 40, HALF cal: 80, WHOLE cal: 160)	.49	.69	.99
EXTRA MEAT ITEM (QUARTER cal: 30-80, HALF cal: 60-150, WHOLE cal: 120-310)	.59	.99	1.49

MAKE ANY GRINDER A MEAL!

Add a Regular Coca-Cola®	2.59	3.59
Add a Large Coca-Cola®	2.89	3.89

PRICE IS ADDED TO COST OF GRINDER

PIZZA

100% Cheese

TOPPING...

8" round (adds 0-160 cals) · 12" round (adds 10-510 cals) · 16" round (adds 10-790 cals)
sm sicilian (adds 0-160 cals) · lg sicilian (adds 10-790 cals)

STEAK	BACON	GREEN PEPPERS	JALAPENOS
CHICKEN	MEATBALLS	MUSHROOMS	PINEAPPLE
PEPPERONI	GROUND BEEF	BLACK OLIVES	FRESH TOMATOES
SAUSAGE	SALAMI	GREEN OLIVES	EXTRA CHEESE
HAM	ONIONS	BANANA PEPPER RINGS	

*Steak & chicken are charged as double items

	8 INCH	12 INCH	16 INCH	CALORIES
PLAIN CHEESE	4.49	9.99	12.99	8" - 140 cal/slice, 4 slices 12" - 120 cal/slice, 12 slices 16" - 170 cal/slice, 16 slices
1 TOPPING	5.39	11.49	14.99	8" - 140-180 cal/slice, 4 slices 12" - 120-160 cal/slice, 12 slices 16" - 170-220 cal/slice, 16 slices
2 TOPPINGS	6.29	12.99	16.99	8" - 140-220 cal/slice, 4 slices 12" - 120-200 cal/slice, 12 slices 16" - 170-270 cal/slice, 16 slices
3 TOPPINGS	7.19	14.49	18.99	8" - 140-260 cal/slice, 4 slices 12" - 120-240 cal/slice, 12 slices 16" - 170-320 cal/slice, 16 slices
4 TOPPINGS	8.09	15.99	20.99	8" - 140-300 cal/slice, 4 slices 12" - 120-280 cal/slice, 12 slices 16" - 170-370 cal/slice, 16 slices
5 TOPPINGS	8.99	17.49	22.99	8" - 140-340 cal/slice, 4 slices 12" - 120-320 cal/slice, 12 slices 16" - 170-420 cal/slice, 16 slices
HALF TOPPING	.45	.75	1.00	8" - 0-20 cal/slice, 4 slices 12" - 0-20 cal/slice, 12 slices 16" - 0-25 cal/slice, 16 slices

SPECIALTY PIZZA

	8 INCH	12 INCH	16 INCH	CALORIES
BELLACINO'S PRIDE pepperoni, ham, sausage, mushrooms, onions, green peppers, black olives & cheese	7.49	14.99	21.99	8" - 190 cal/slice, 4 slices 12" - 180 cal/slice, 12 slices 16" - 240 cal/slice, 16 slices
CHICKEN ALFREDO white creamy Alfredo sauce, marinated broiled chicken breast strips, onions & cheese	7.49	14.99	21.99	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 210 cal/slice, 16 slices
BELLACINO'S SUPER pepperoni, mushrooms, green peppers, onions & cheese	7.29	13.99	18.99	8" - 160 cal/slice, 4 slices 12" - 140 cal/slice, 12 slices 16" - 190 cal/slice, 16 slices
VEGGIE mushrooms, onions, green peppers, black olives & cheese	7.29	13.99	18.99	8" - 150 cal/slice, 4 slices 12" - 130 cal/slice, 12 slices 16" - 180 cal/slice, 16 slices
TACO taco meat, salsa, onions, cheddar & white cheese, black olives, lettuce & tomatoes	7.29	14.99	21.99	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 230 cal/slice, 16 slices
BELLACINO'S MEAT EATER pepperoni, sausage, ham, ground beef, bacon & cheese	7.49	14.99	21.99	8" - 220 cal/slice, 4 slices 12" - 190 cal/slice, 12 slices 16" - 260 cal/slice, 16 slices
CHICAGO STEAK thinly sliced ribeye steak, onions, mushrooms, cheese & Bellacino's own garlic spread	7.49	14.99	21.99	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 220 cal/slice, 16 slices
BARBEQUE CHICKEN sweet bbq sauce, marinated broiled chicken breast strips, onions & cheese	7.49	14.99	21.99	8" - 160 cal/slice, 4 slices 12" - 150 cal/slice, 12 slices 16" - 200 cal/slice, 16 slices
CHICKEN BACON RANCH ranch dressing, marinated broiled chicken breast strips, bacon, mozzarella cheese & cheddar cheese	7.49	14.99	21.99	8" - 210 cal/slice, 4 slices 12" - 190 cal/slice, 12 slices 16" - 250 cal/slice, 16 slices
MEATBALL Bellacino's meatballs, green peppers, onions & mozzarella cheese	7.29	13.99	18.99	8" - 180 cal/slice, 4 slices 12" - 150 cal/slice, 12 slices 16" - 210 cal/slice, 16 slices