

## DESSERTS



COOKIES	(260-270 CALS/COOKIE)	1.09 OR 3/2.75
BROWNIES	(370-390 CALS/BROWNIE)	1.64
CINNAMON STICKS	(100 CAL/PIECE; 8 PIECES)	5.49

lightly baked dough, basted with butter, sprinkled with cinnamon & sugar mix & drizzled with icing

## BEVERAGES



2-LITER SOFT DRINK	(CAL: 0-840)	2.99
REGULAR BEVERAGE	(CAL: 0-290)	2.49
LARGE BEVERAGE	(CAL: 0-430)	2.99
COFFEE	(CAL: 0)	1.99

## JUST FOR KIDS

(This pricing is for kids 10 & under ONLY)

PIZZA	(CAL: 550-870)	6.49
8" pizza (cheese only) & kid-size drink. Additional toppings are available for an extra charge.		
GRILLED CHEESE	(CAL: 500-660)	6.49
1/4 grinder with cheddar & mozzarella cheese. Served with kid-sized fries & kid-sized drink.		
PIZZA GRINDER	(CAL: 610-770)	6.49
1/4 size grinder with pepperoni, pizza sauce & cheese. Served with kid-sized fries & kid-size drink.		
HAM & CHEESE GRINDER	(CAL: 420-580)	6.49
1/4 grinder with ham & cheese, lettuce, tomatoes & mayo. Served with kid-sized fries & kid-sized drink.		
TURKEY GRINDER	(CAL: 500-660)	6.49
1/4 grinder with turkey & cheese, lettuce, tomatoes & mayo. Served with kid-sized fries & kid-sized drink.		
PEANUT BUTTER & JELLY	(CAL: 480-640)	6.49
1/4 size grinder with peanut butter & jelly. Served with kid-sized fries & kid-sized drink.		
KIDS SPAGHETTI	(CAL: 550-710)	6.49
cheese stuffed raviolis topped with our own unique meat sauce. Served with garlic toast & a kid-sized drink.		
KIDS RAVIOLI	(CAL: 630-790)	6.49
cheese stuffed raviolis topped with our own unique meat sauce. Served with garlic toast & a kid-sized drink.		
BELLACINO'S BITES	(CAL: 370-530)	6.49
baked chicken nuggets. Served with kid-sized fries & kid-sized drink.		

## PASTA

ALL PASTA DINNERS ARE MADE WITH BELLACINO'S OWN MEAT SAUCE  
PASTA MEALS ARE SERVED WITH A SMALL SIDE SALAD, REGULAR DRINK & GARLIC TOAST ON THE SIDE.  
\* meal calorie counts do not include dressing choice \*

SPAGHETTI MEAL	(CAL: 1040-1330)	13.99
SPAGHETTI & GARLIC TOAST	(CAL: 430/850)	10.99
spaghetti noodles topped with our own unique meat sauce.		
CHEESE RAVIOLI MEAL	(CAL: 1120-1410)	13.99
CHEESE RAVIOLI & GARLIC TOAST	(CAL: 630/940)	10.99
cheese stuffed raviolis topped with our own unique meat sauce		

2,000 calories a day is used for general nutrition advice, but calorie needs vary.  
Additional nutrition information available upon request.

Thank you for choosing Bellacino's

## WE CATER



Whether it's for your office or family...  
for 10 or 500 people...  
Bellacino's Catering can turn any Party into an Event to Remember!

PARTY BOXES • SALADS • PIZZAS • PASTA  
ASK ABOUT OUR CATERING

PARTY BOX	(CAL: 6300-9750)	80.00
PARTY CHEF SALAD	(CAL: 4230)	45.00
PARTY GREEK SALAD	(CAL: 2790)	45.00
PARTY VEGGIE SALAD	(CAL: 3310)	40.00
PARTY CHICKEN SALAD	(CAL: 2520)	45.00
PARTY BONELESS WINGS (20 count)	(CAL: 1280-2430)	16.49

## WE DELIVER!

Delivery Policy:  
\$200 minimum delivery order  
(Limited Delivery Area)  
FOR FAST, CONVENIENT SERVICE, CALL YOUR ORDER IN.

## HISTORY...

The term "Grinder" can be traced back to the East Coast, where during World War II, Italian immigrants set up sandwich shops close to the shipyards. Their freshly baked Italian rolls were filled with generous amounts of meats & cheeses and were then baked and garnished with lettuce & tomato. These super-sized sandwiches were a favorite of the hard-working men who ground off rivets on the metal warships. The friendly shop owners referred to these men as grinders, and the ever-popular sandwiches also came to be known as Grinders.

We at Bellacino's pledge our guarantee to provide generous portions, superior quality, and fast & friendly service. Short on time does not have to mean short on variety or flavor, but just the right blend of convenience and satisfaction. We will never compromise our quality for gimmick or profit.

Joe Mancino  
Founder

### HOURS:

Monday - Thursday	11 am - 9 pm
Friday - Saturday	11 am - 10 pm
Sunday	12 pm - 9 pm

DOWNLOAD OUR FREE MOBILE APP!



Thank you for choosing Bellacino's

No Personal Checks Accepted

For franchise information, please contact  
us at 877-379-0700 or visit our website

www.bellacinos.com



# Bellacino's

Pizza & Grinders



# WELCOME

DINE IN • CARRY OUT  
ORDER ONLINE

www.bellacinos.com

4373 Starkey Road  
Roanoke, VA 24018  
Ph: 540-989-2009

1176 Roanoke Road  
Daleville, VA 24083  
Ph: 540-966-2222

# FAVORITES

<b>BAKED FRIES</b>	(CAL: 320)	3.69
<b>CHEESE FRIES</b>	(CAL: 590)	5.99
<b>NACHO SUPREME</b>	(CAL: 1580)	8.25
tortilla chips, taco meat, onions, black olives, cheese, topped with lettuce & tomatoes (salsa & sour cream served on the side)		
<b>GARLIC CHEESE BREAD</b>	(140 CAL/PIECE; 8 PIECES)	4.68
Bellacino's grinder bread covered with cheese & garlic spread - Served w/ a side of dipping sauce		
<b>PARMESAN STICKS</b>	(90 CAL/PIECE; 8 PIECES)	4.95
fresh baked pizza dough covered with a buttery spread & grated parmesan cheese - Served w/ a side of dipping sauce		
<b>CHEESY BREADSTICKS</b>	(120 CAL/PIECE; 12 PIECES)	7.15
fresh baked pizza dough covered with garlic spread, cheese & grated parmesan cheese - Served w/ a side of dipping sauce		
<b>BONELESS WINGS</b>	(CAL: 320) SERVED W/ A SIDE OF DIPPING SAUCE	6 6.59
BBQ (ADDS 140/350/530 CALS)	(CAL: 640) SERVED W/ TWO DIPPING SAUCES	12 10.99
HOT & SPICY (ADDS 40/100/150 CALS)	(CAL: 1070) SERVED W/ TWO DIPPING SAUCES	20 16.49
<b>CHIPS</b>	(CAL: 140-320)	1.50
<b>SIDE OF DIPPING SAUCE</b>	(CAL: 40-450)	1.09
your choice of: pizza sauce, garlic butter, or ranch		

# SALADS

**DRESSINGS...** (calories are listed for 1 dressing packet)  
 RANCH • THOUSAND ISLAND • BLEU CHEESE • FRENCH • HONEY MUSTARD • ITALIAN • GREEK  
 BALSAMIC • FAT FREE ITALIAN • FAT FREE RANCH • FAT FREE FRENCH • FAT FREE RASPBERRY VINAIGRETTE  
 \*EXTRA DRESSING 1.09 - 15-220 cal.

\* SALAD CALORIE COUNTS DO NOT INCLUDE DRESSING CHOICE \*

<b>CHEF SALAD</b>	(CAL: 640)	10.99
lettuce, tomatoes, turkey, ham, salami, onions, green peppers, mushrooms & cheese		
<b>GRILLED CHICKEN SALAD</b>	(CAL: 600)	10.99
lettuce, tomatoes, marinated broiled chicken breast strips, onions, green peppers, mushrooms & cheese		
<b>GREEK SALAD</b>	(CAL: 400)	9.99
lettuce, tomatoes, onions, green peppers, black olives, pepperoncini peppers, feta cheese crumbles & Bellacino's recommends our Greek Dressing		
<b>TACO SALAD</b>	(CAL: 1120)	9.99
lettuce, tomatoes, tortilla chips, taco meat, onions, black olives & cheese (salsa & sour cream served on the side)		
<b>VEGGIE SALAD</b>	(CAL: 500)	9.99
lettuce, tomatoes, onions, green peppers, mushrooms, black olives & cheese		
<b>SIDE SALAD</b>	(CAL: 210)	4.95
lettuce, tomatoes, onions, green peppers, mushrooms & cheese		

# BELLACINO'S LIGHT

A LIGHTER VERSION OF OUR DELICIOUS GRINDERS!



	QUARTER 4.5"	HALF 9"	WHOLE 18"
<b>VEGGIE LIGHT</b>	5.78	9.08	16.99
green peppers, onions, mushrooms, tomatoes, fat free cheese & fat free mayo			
<b>CHICKEN LIGHT</b>	6.05	9.63	17.49
marinated broiled chicken breast strips, onions, green peppers, lettuce, tomatoes, fat free cheese & fat free mayo			
<b>HAM &amp; CHEESE LIGHT</b>	5.78	9.08	16.99
ham, lettuce, tomatoes, fat free cheese & fat free mayo			
<b>TURKEY LIGHT</b>	5.78	9.08	16.99
turkey, lettuce, tomatoes, fat free cheese & fat free mayo			
<b>ROAST BEEF LIGHT</b>	6.05	9.63	17.49
roast beef, lettuce, tomatoes, fat free cheese & fat free mayo			

2,000 calories a day is used for general nutrition advice, but calorie needs vary.  
 Additional nutrition information available upon request.

# GRINDERS

OUR BREAD IS MADE FROM SCRATCH & BAKED OVEN FRESH DAILY!



	QUARTER 4.5"	HALF 9"	WHOLE 18"
<b>ITALIAN GRINDER - HOUSE SPECIALTY</b>	5.78	9.08	16.99
(CAL: 450/910/1810) ham, sausage, salami, mushrooms, onions, green peppers, cheese, lettuce, tomatoes & mayo			
<b>BELLACINO'S ZESTY DELI™</b>	5.78	9.08	16.99
(CAL: 440/880/1760) capicola (italian ham), salami, pepperoni, onions, green peppers, mushrooms, cheese & pizza sauce			
<b>PIZZA</b>	5.78	9.08	16.99
(CAL: 450/900/1800) pepperoni, pizza sauce & cheese			
<b>BELLACINO'S CLUB</b>	5.78	9.08	16.99
(CAL: 390/790/1570) turkey, ham, bacon, cheese, lettuce, tomatoes & mayo			
<b>AI BOMBER</b>	6.05	9.63	17.49
(CAL: 330/670/1330) thinly sliced ribeye steak covered with mushrooms, onions, green peppers, cheese, lettuce, tomatoes, & AI thick & hearty sauce			
<b>STEAK</b>	6.05	9.63	17.49
(CAL: 380/760/1510) thinly sliced ribeye steak covered with mushrooms, onions, green peppers, cheese, lettuce, tomatoes & mayo			
<b>CHICAGO STEAK</b>	6.05	9.63	17.49
(CAL: 420/840/1680) thinly sliced ribeye steak covered with mushrooms, onions, cheese, & Bellacino's own garlic spread			
<b>CHICKEN</b>	6.05	9.63	17.49
(CAL: 380/760/1510) marinated broiled chicken breast strips topped with onions, green peppers, cheese, lettuce, tomatoes & mayo			
<b>CHICKEN BACON RANCH</b>	6.05	9.63	17.49
(CAL: 420/830/1660) marinated broiled chicken breast strips, bacon, ranch, cheese, lettuce & tomatoes			
<b>BELLACINO'S BAYOU™</b>	6.05	9.63	17.49
(CAL: 370/740/1480) marinated broiled chicken breast strips, Bellacino's own Cajun seasoning, onions, mayo & cheese			
<b>BRAZEN BUFFALO CHICKEN</b>	6.05	9.63	17.49
(CAL: 350/710/1420) marinated broiled chicken breast strips, hot sauce, ranch, onions, cheese, lettuce & tomatoes			
<b>TRIPLE DECKER</b>	5.78	9.08	16.99
(CAL: 340/670/1340) roast beef, ham, turkey, cheese, lettuce, tomatoes & mayo			
<b>HAM &amp; CHEESE</b>	5.78	9.08	16.99
(CAL: 350/700/1400) ham, cheese, lettuce, tomatoes & mayo			
<b>REUBEN</b>	6.05	9.63	17.49
(CAL: 390/720/1580) tender corned beef piled high, sauerkraut, cheese & Thousand Island dressing			
<b>HAM &amp; TURKEY</b>	5.78	9.08	16.99
(CAL: 360/720/1430) ham, turkey, cheese, lettuce, tomatoes & mayo			
<b>HAM, CHEESE &amp; SALAMI</b>	5.78	9.08	16.99
(CAL: 390/790/1570) ham, cheese, salami, lettuce, tomatoes & mayo			
<b>TURKEY GRINDER</b>	5.78	9.08	16.99
(CAL: 340/670/1350) turkey, cheese, lettuce, tomatoes & mayo			
<b>ROAST BEEF</b>	6.05	9.63	17.49
(CAL: 340/670/1350) roast beef, cheese, lettuce, tomatoes & mayo			
<b>VEGGIE</b>	5.78	9.08	16.99
(CAL: 370/750/1500) green peppers, onions, mushrooms, cheddar & white cheese, lettuce, tomatoes & mayo			
<b>B.L.T.</b>	5.78	9.08	16.99
(CAL: 450/890/1780) bacon, lettuce, tomatoes, cheese & mayo			
<b>STROMBOLI GRINDER</b>	5.78	9.08	16.99
(CAL: 450/910/1820) italian sausage, pasta sauce, onions, green peppers, cheese & hot pepper rings			
<b>MEATBALL</b>	5.78	9.08	16.99
(CAL: 430/860/1720) sliced meatballs, pasta sauce, onions, green peppers & cheese			
<b>TACO</b>	5.78	9.08	16.99
(CAL: 450/910/1820) taco meat, salsa, onions, black olives, cheddar & white cheese, lettuce & tomatoes			
<b>TUSCAN CHICKEN</b>	6.05	9.63	17.49
(CAL: 380/760/1520) marinated broiled chicken breast strips, mushrooms, onions, cheese & Bellacino's own garlic spread			
<b>FRENCH DIP</b>	6.05	9.63	17.49
(CAL: 300/610/1210) roast beef, cheese, garlic spread & side of au jus			
<b>HAWAIIAN</b>	5.78	9.08	16.99
(CAL: 380/770/1540) ham, sweet BBQ sauce, onions, pineapple, cheese, lettuce & tomatoes			
<b>TUNA</b>	5.78	9.08	16.99
(CAL: 430/860/1730) tuna (mixed with mayo), onions, cheese, lettuce, tomatoes & mayo			

	QUARTER cal: 40	HALF cal: 80	WHOLE cal: 160			
EXTRA CHEESE				.53	1.05	1.59
EXTRA MEAT ITEM				.79	1.31	1.85

# MAKE ANY GRINDER A MEAL!

	w/ chips	w/ fries	w/ side salad
Add a Regular Coca-Cola®	3.49	4.69	6.39
Add a Large Coca-Cola®	3.99	5.69	

PRICE IS ADDED TO COST OF GRINDER

# PIZZA

100%  
Cheese

## TOPPINGS...

8" round (adds 0-160 cals) · 12" round (adds 10-510 cals) · 16" round (adds 10-790 cals)

STEAK CHICKEN PEPPERONI SAUSAGE HAM	BACON MEATBALLS GROUND BEEF SALAMI ONIONS	GREEN PEPPERS MUSHROOMS BLACK OLIVES GREEN OLIVES BANANA PEPPER RINGS	JALAPENOS PINEAPPLE FRESH TOMATOES EXTRA CHEESE
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\*Steak & chicken are charged as double items

	8 INCH	12 INCH	16 INCH	CALORIES
<b>PLAIN CHEESE</b>	5.49	12.38	16.49	8" - 140 cal/slice, 4 slices 12" - 120 cal/slice, 12 slices 16" - 170 cal/slice, 16 slices
<b>I TOPPING</b>	6.29	13.88	18.48	8" - 140-180 cal/slice, 4 slices 12" - 120-160 cal/slice, 12 slices 16" - 170-220 cal/slice, 16 slices
<b>EXTRA HALF TOPPING</b>	.49	.80	.99	8" - adds 0-20 cal/slice, 4 slices 12" - adds 0-20 cal/slice, 12 slices 16" - adds 0-25 cal/slice, 16 slices
<b>EXTRA FULL TOPPING</b>	.80	1.50	1.99	8" - adds 0-40 cal/slice, 4 slices 12" - adds 0-40 cal/slice, 12 slices 16" - adds 10-50 cal/slice, 16 slices

# SPECIALTY PIZZA

	8 INCH	12 INCH	16 INCH	CALORIES
<b>BELLACINO'S PRIDE</b>	9.08	17.59	24.19	8" - 190 cal/slice, 4 slices 12" - 180 cal/slice, 12 slices 16" - 240 cal/slice, 16 slices
pepperoni, ham, sausage, mushrooms, onions, green peppers, black olives & cheese				
<b>CHICKEN ALFREDO</b>	9.08	17.59	24.19	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 260 cal/slice, 16 slices
white creamy Alfredo sauce, marinated broiled chicken breast strips, onions & cheese				
<b>BELLACINO'S SUPER</b>	8.79	16.49	23.09	8" - 160 cal/slice, 4 slices 12" - 140 cal/slice, 12 slices 16" - 190 cal/slice, 16 slices
pepperoni, mushrooms, green peppers, onions & cheese				
<b>VEGGIE</b>	8.79	16.49	23.09	8" - 150 cal/slice, 4 slices 12" - 130 cal/slice, 12 slices 16" - 180 cal/slice, 16 slices
mushrooms, onions, green peppers, black olives & cheese				
<b>BELLACINO'S MEAT EATER</b>	9.08	17.59	24.19	8" - 220 cal/slice, 4 slices 12" - 190 cal/slice, 12 slices 16" - 260 cal/slice, 16 slices
pepperoni, sausage, ham, ground beef, bacon & cheese				
<b>BARBEQUE CHICKEN</b>	9.08	17.59	24.19	8" - 160 cal/slice, 4 slices 12" - 150 cal/slice, 12 slices 16" - 200 cal/slice, 16 slices
sweet BBQ sauce, marinated broiled chicken breast strips, onions & cheese				
<b>CHICKEN BACON RANCH</b>	9.08	17.59	24.19	8" - 210 cal/slice, 4 slices 12" - 190 cal/slice, 12 slices 16" - 250 cal/slice, 16 slices
ranch dressing, marinated broiled chicken breast strips, bacon, mozzarella cheese & cheddar cheese				
<b>TACO</b>	8.79	16.49	23.09	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 230 cal/slice, 16 slices
taco meat, salsa, onions, cheddar & white cheese, black olives, fresh lettuce & tomatoes				
<b>CHEESEBURGER</b>	8.79	16.49	23.09	8" - 170 cal/slice, 4 slices 12" - 150 cal/slice, 12 slices 16" - 210 cal/slice, 16 slices
ground beef, mozzarella & cheddar cheese, ketchup, mustard, lettuce & diced tomatoes				
<b>CHICAGO STEAK</b>	9.08	17.59	24.19	8" - 190 cal/slice, 4 slices 12" - 160 cal/slice, 12 slices 16" - 220 cal/slice, 16 slices
thinly sliced ribeye steak, onions, mushrooms, cheese & Bellacino's own garlic spread				

# CALZONES

<b>SMALL CALZONE</b>	(CAL: 960)	5.49
<b>LARGE CALZONE</b>	(CAL: 2120)	12.99

