

# Bellacino's<sup>®</sup>

## Pizza & Grinders

### NUTRITIONAL INFORMATION

	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vit A (IU)	Vit C (mg)	Calcium (mg)	Iron (mg)
<b>FAVORITES...</b>															
Butter Parmesan Sticks (individual serving: per piece):	134.5	70.6	7.8	1.5	1.1	0.9	213.0	12.9	0.5	0.4	2.8	280.8	0.0	15.6	0.2
Butter Parmesan Sticks (total serving: 12 pieces):	1613.7	847.5	94.2	18.4	12.8	11.4	2555.7	154.7	6.0	4.2	33.3	3370.1	0.0	186.9	1.9
French Fries (8 oz portion)	397.00	138.80	15.40	2.50	1.10	0.00	1067.00	59.90	3.40	0.00	4.30	0.00	3.00	53.33	0.96
Onion Rings, (4 oz portion)	250.61	108.18	12.02	1.95	0.17	0.00	6804.00	33.00	1.25	3.74	2.69	0.00	0.00	306.18	10.21
Breaded Banana Pepper Rings (2 oz portion)	209.8	17.0	2.0	0.0	0.0	0.0	980.9	44.2	2.3	1.7	5.1	567.0	1.4	11.3	1.0
Breaded Banana Pepper Rings (4 oz portion)	419.6	34.0	4.0	0.0	0.0	0.0	1961.8	88.5	4.5	3.4	10.2	1134.0	2.7	22.7	2.0
Garlic Cheese Bread (per piece):	98.6	49.2	5.5	2.7	0.0	9.3	204.6	8.4	0.4	0.4	3.6	215.3	0.1	71.0	0.1
Garlic Cheese Bread (serving size: Half Grinder; 8 pcs):	789.2	393.3	43.7	21.6	1.1	74.2	1636.8	67.2	3.3	2.9	28.5	1722.0	0.9	567.9	1.2
Side of Pizza Sauce (3 fl oz)	48.1	2.6	0.3	0.0	0.0	0.0	280.9	10.4	1.6	7.0	1.6	941.4	13.5	18.1	0.6
Nacho Supreme (serving size: half of order):	698.3	384.7	42.7	17.0	1.0	97.4	1561.3	46.6	7.0	3.4	31.2	1404.1	7.7	588.3	2.6
Nacho Supreme (total entree):	1396.5	769.5	85.5	34.1	1.9	194.9	3122.6	93.2	13.9	6.8	62.3	2808.1	15.3	1176.7	5.2
Nutritional information calculations have been performed by a registered dietitian based on data provided to us by our system of manufacturers, distributors and vendors. These calculations are based on standard product formulations. Variations in nutritional information can occur based on seasonal product changes, the use of an alternate supplier, product assembly variations and changes or updates to standard recipes and ingredients. For the most up-to-date information, please contact Bellacino's, Inc. at toll free: (877) 379-0700.															